

HEALTHCARE PROVIDERS CPR

REVIEW SHEET

ADULT

(adolescents and older)



**Check for
RESPONSE & BREATHING**

TAP shoulders & SHOUT

"Are you OK?"

Scan chest for movement

If **no response & no breathing** (or no normal breathing - just gasps)

Send someone to call 911 & get AED

If alone - YOU call 911 & get AED now



**CHECK PULSE
check carotid pulse**

for at least 5 sec. (no more than 10 sec.)

If no signs of circulation observed within

CHILD

(1yr - onset of puberty)



**Check for
RESPONSE & BREATHING**

TAP shoulders & SHOUT

"Are you OK?"

Scan chest for movement

If **no response & no breathing** (or no normal breathing - just gasps)

Send someone to call 911 & get AED

If alone and you witnessed the collapse - CALL 911 & Get AED

If collapse was unwitnessed -
Do not leave the child to call 911 yet -
Go directly to next step



**CHECK PULSE
check carotid pulse**

for at least 5 sec. (no more than 10 sec.)

If no signs of circulation observed within

INFANT

(Less than 1 year of age)



**Check for
RESPONSE & BREATHING**

Flick bottom of foot & SHOUT

"Are you OK?"

Scan chest for movement

If **no response & no breathing** (or no normal breathing - just gasps)

Send someone to call 911 & get AED

If alone and you witnessed the collapse - CALL 911 & Get AED now

If collapse was unwitnessed -
Do not leave the child to call 911 yet -
Go directly to next step



**CHECK PULSE
check brachial pulse**

for at least 5 sec. (no more than 10 sec.)

If no signs of circulation observed within

REPEAT this CYCLE

30 CHEST COMPRESSIONS

*TWO hands; at center of chest along nipple line
(lower half of breastbone)*

Rate: at least 100x per minute

PUSH HARD ~ PUSH FAST

Open the airway with head tilt-chin lift

2 BREATHS

(look for the chest to rise)

30 CHEST COMPRESSIONS

*Heel of ONE hand; at center of chest along nipple
line . . . For larger children, TWO hand technique
may also be used*

Rate: at least 100x per minute

PUSH HARD ~ PUSH FAST

Open the airway with head tilt-chin lift

2 BREATHS

(look for the chest to rise)

30 CHEST COMPRESSIONS

*TWO fingers of ONE hand; at center of chest, one
finger's width below the nipple line*

Rate: at least 100x per minute

PUSH HARD ~ PUSH FAST

Open the airway with head tilt-chin lift

2 BREATHS

(look for the chest to rise)

Use the AED as soon as it becomes available

**RESUME CPR w/ COMPRESSIONS
IMMEDIATELY after SHOCK is given**

If no shock is advised, continue CPR until you observe signs of circulation or advanced care arrives.

Leave AED powered on and pads attached.

IF YOU ARE ALONE

After 5 CYCLES of CPR

(about 2 minutes)

**If you are alone,
CALL 911 now & get AED now**

Use the AED with CHILD PADS as soon as it becomes available.

Leave AED powered on and pads attached.

RESUME CPR - with compressions

IF YOU ARE ALONE

After 5 CYCLES of CPR

(about 2 minutes)

**If you are alone,
CALL 911 and get AED now**

Use the AED with CHILD PADS as soon as it becomes available

Leave AED powered on and pads attached.

RESUME CPR - with compressions

2-Rescuer CPR: Drop compressions to 15 for Children & Infants

If you observe signs of circulation, but inadequate breathing

Stop compressions

Continue Rescue Breathing

1 breath: every 5 to 6 seconds

If you observe signs of circulation, but inadequate breathing

Stop compressions

Continue Rescue Breathing

1 breath: every 3 seconds

If you observe signs of circulation, but inadequate breathing

Stop compressions

Continue Rescue Breathing

1 breath: every 3 seconds

If you observe signs of circulation and adequate breathing

Stop CPR

Roll victim into side **recovery position** until help arrives.

Continue to monitor the victim.

If you observe signs of circulation and adequate breathing

Stop CPR

Roll victim into side **recovery position** until help arrives.

Continue to monitor the victim.

If you observe signs of circulation and adequate breathing

Stop CPR

Roll victim into side **recovery position** until help arrives.

Continue to monitor the victim.

* If a head or spinal injury is suspected, open the airway using the **JAW THRUST** maneuver