



**Activity Calendar October 2019 Phoenix Dining & Activity Center
 Congregational Church– 43 Bridge St.
 Center Phone # (315) 695-4841**



\$3.00 suggested contribution for Seniors 60 and above

Helping People. Supporting Communities. Changing Lives.

Monday

Tuesday

Wednesday

Thursday

Friday

**Come join us a
 for a delicious hot meal &
 activities!
 Call Arlene for your
 reservation
 (315) 695-4841**
 There are also light evening
 meals available!

DID YOU KNOW?
 There is a bus available
 Wednesday & Friday to
 pick you up and take
 you home. Ask Arlene
 for Details!

*Visit our other
 Dining & Activity Centers*
*Central Square Bistro
 315-720-9732*
Fulton 315-592-3408
Hannibal 315-564-5471
Mexico 315-806-1917
Parish 315-625-4617

**OCO Nutrition Services
 315-598-4712**



7
**Social Hour &
 Fire Prevention Video and
 discussion**

14
**Program Closed
 Columbus Day**

21
**Jigsaw Puzzle
 Dice**



28
**Your favorite job
 Least favorite job**



2 **Wii Bowling**
 Share recipes and center
 favorite meals

9
**Regular Bingo
 Wii Bowling**



16 Elizabeth Weimer
 NY Connects to present
 available resources for
 Seniors.
 Wii Bowling



23
**Wii Bowling
 Flu shots**



30
**Birthday &
 Halloween party
 Wii Bowling**



4
Exercise w/ Cindy



11
**Dice
 Puzzle**



18
**Field Trip to
 Schroepel Tavern
 Cards & Dice**



25
**Exercise w/ Cindy
 Farkle
 Cards**



**Like us on Facebook @
 OCO Nutrition Services**



Programs are partially supported through grants from our partners: Oswego County Office for the Aging, NYS Office for the aging & The United Way of Greater Oswego, Inc.