

# TAKE WHAT YOU NEED

CARING  BRIDGE ORG

----- HOPE -----

++ INSPIRATION ++

~~~~~ COURAGE ~~~~~

☆☆☆ REST ☆☆☆

\*\*\*\*\* PEACE \*\*\*\*\*

>>>> RELAXATION >>>>

----- BEAUTY -----

+++ STRENGTH +++

~~~~~ HEALING ~~~~~

☆☆☆ SUPPORT ☆☆☆

\*\*\* PATIENCE \*\*\*

>>>> COMPASSION >>>>

----- LOVE -----

+++ COMFORT +++

~~~~~ HUGS ~~~~~

☆☆☆ JOY ☆☆☆