

REGISTRATION FORM

Student Name: _____

Agency Name: _____

Agency Address: _____

Daytime Phone: _____

E-mail Address: _____

Payment Method:

Check Enclosed
(payable to OCO)

Purchase Order

REGISTRATION DEADLINE:
September 7, 2018

CLASS LOCATION OCO Main Office—Board Room

2018-2019 CLASS SCHEDULE

9:00 AM—4:00 PM
on the following Thursdays:

9/20/2018,
10/4, 10/18
11/1, 11/15
12/6, 12/20
1/3/2019, 1/17/2019
2/7, 2/21
3/7, 3/21, 4/4

Exam Date*
4/18/2019

* Exam date subject to change

For more information, or to register,
please contact:

Christine Prevost
FDC Instructor/Advisor
598-4705, Ext. 1023
cprevost@oco.org



239 Oneida Street
Fulton, NY 13069
(315)-598-4705
Visit us on the web!
www.oco.org



Empowerment Skills for Family Workers



A 90-hour training and credentialing
program for human service workers,
seeking the Family Development
Credential (or FDC)

What is the FDC?

The Family Development Credential started in 1994 as a major interagency initiative to provide front-line workers with the professional skills and competencies needed to help families and individuals become more self-reliant with their communities.

To earn the New York State FDC credential, family workers take 90 hours of Empowerment Skills for Workers interagency training, prepare a skills practice portfolio, and pass a state credentialing exam.

The FDC is a nationally recognized professional credential in the human services field. 17 states have established FDC training systems: Arizona, California, Colorado, Connecticut, District of Columbia, Florida, Maine, Maryland, Massachusetts, Minnesota, Missouri, New Jersey, New York, Ohio, Oklahoma, Texas, and Washington.

What are the benefits and outcomes of FDC training?

Cornell research documents the following:

- **Workers** develop effective skills in helping families set and achieve goals of healthy self-reliance.
- **Family members** who worked with FDC credentialed workers are better able to recognize their strengths, set goals and develop plans.
- **Organizations** increase their capacities to collaborate and staff feel motivated and validated.

7 Steps of Family Development

1. The family develops a partnership with a family development worker
2. A family development worker helps the family assess its needs and strengths; this is an ongoing process
3. The family sets its own major goals and steps for reaching them
4. The family development worker helps the family make a written plan that identifies steps the family will take and steps the worker will take
5. The family learns and practices skills needed to become self-reliant
6. The family uses services as stepping stones to reach their goals
7. The family's sense of self respect is restored and the family is able to better handle future challenges.

These steps do not occur in any particular order, and in some cases, the family may go back to a step more than once, during the process.

"I am learning many skills that I can use in my job now, and in future jobs in the Human Services field. Everyone should take this course. This is the way we all should be working with families!"

~ FDC student



TUITION & REGISTRATION

Tuition

| | |
|---------------|----------|
| OCO Employees | \$350.00 |
| All others | \$800.00 |

Tuition includes cost of credential (\$300) and classroom materials

OCO Employees

Discuss your interest in the FDC with your supervisor. Complete a Request to Attend/ Participate form and send it to Training & Performance, Attn: Christine Prevost

All Others

Complete the attached registration form and mail it with your payment to:

Oswego County Opportunities, Inc.
Attn: Christine Prevost
239 Oneida Street
Fulton, NY 13069

"I have truly enjoyed this learning experience. It was a nice mix of students from very different backgrounds. I'm using the new skills at work and in my personal life, with great success. The family development approach really works!"

~ FDC graduate