



## FACT SHEET: Tell Me More About American Heart Association Online BLS Training Option

The American Heart Association has a **3-part certification process** which includes:

### **Part 1:**

In this online course, you will learn the science and practical matters of performing CPR and using an AED in 1-rescuer and 2-rescuer scenarios, for adults, children, and infants.

When you complete Part 1, you'll receive a certificate of completion, which you will bring to your in-person Part 2 & 3 session.

**Part 1 currently costs \$25** (credit card transaction online) - depending on which online course you choose.

Here's the link to the AHA online course –Part 1

<http://www.onlineaha.org/courses/84>

### **Part 2 & 3:**

After you have completed the Part 1 online course, schedule a Skills Practice (Part 2) and Skills Testing (Part 3) session with an AHA certified instructor. You'll complete both parts at your in-person appointment.

During this session, the instructor will review the critical skills for performing CPR and give you a chance to practice.

When you're ready, you'll move on to Part 3 – Skills Testing. The instructor will test you on how well you assess a victim, activate help when needed, perform CPR, and integrate the use of an AED. You'll be tested on 1-rescuer and 2-rescuer scenarios for Adult/Child & Infant victims.

**Part 2 & 3 will cost you \$30** and includes the practice session, the testing session, and your certification card, which you will receive when you pass your skills test. You can receive your card the same day as you complete the testing; or you may have it mailed to you.

If you choose to work with OCO, to complete your Part 2 & 3, just send me an e-mail [cprevost@oco.org](mailto:cprevost@oco.org) after you have completed the course, to schedule your session.