

Health Safety Kits Available Through OCO

Oswego County Opportunities Health Education Services and Family Planning have teamed to offer Oswego County residents access to Health Safety Kits.

According to Sr. Health Educator Daniel DeBrucker, the availability of the Health & Safety Kits is part of OCO Health Services mission of increasing the community's knowledge of healthy sexual behaviors and reducing the practice of risky sexual behavior. "Our Health & Safety Kits contain safer sex supplies including: Information on how to effectively use the supplies, pregnancy prevention information, HIV and STI (Sexually Transmitted Infections) prevention information, & referral information. Testing for HIV and STIs are also available to residents of Oswego County at low or no cost.

"The goals of OCO's Health Education are to break down barriers to accessing affordable reproductive care, to increase the awareness of these services offered through OCO, and to let the community know how Oswego County residents may access the necessary sexual health and family planning services they require," said DeBrucker.

Services available through OCO Family Planning include: PAP Smears, STI Testing & treatment, Breast Exams, HIV Testing, family planning and most forms of birth control, infertility screening and counseling, reproductive medical exams for men, medical referrals, and more. These services are available to anyone in Oswego County at a low cost or, in some cases, at no cost. Transportation to OCO Family Planning Center appointments is also available free of charge for Oswego County residents.

DeBrucker added that the Health Safety Kits are available at OCO Planning Centers in Fulton, Mexico, Oswego, and Pulaski, as well as OCO offices in the Midtown Plaza in Oswego. OCO Health Education Services also will deliver the kits to anyone in Oswego County.

For more information on OCO Health Education Services call OCO's Oswego Midtown Plaza office at 315 342-7532, text 315-297-5757, or "like" the OCO Health Education Facebook page at www.facebook.com/OCOHealthEducation. OCO Health Education is funded through the NYS Department of Health.

In the accompanying photo, Health Educator Chelsea Kay-Bidinger and Sr. Health Educator Daniel DeBrucker display some of OCO's Health Safety Kits that are available through OCO Health Services. For more information call 315-342-7532 or text 315-297-5757.