RESOURCES FOR FOOD IN OSWEGO COUNTY  
updated: 10/28/20


Please check regularly for **upcoming Food & Milk Giveaways** at www.OCO.org - on the right side, **click on GREEN box** (Free Distributions of Food & Supplies)

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Please check the school’s website or contact the area school for meal distribution plans if students are not attending school in their school building.

- APW CENTRAL SCHOOL DIST (www.apwschools.org)
- CENTRAL SQUARE CENTRAL SCHOOL DISTRICT (www.cssd.org)
- FULTON CITY SCHOOL DISTRICT (www.fultoncsd.org)
- HANNIBAL CENTRAL SCHOOL DISTRICT (www.hannibalcsd.org)
- MEXICO CENTRAL SCH DIST (www.mexicocsd.org)
- OSWEGO CITY SCHOOL DISTRICT (www.oswego.org)
- PHOENIX CENTRAL SCHOOL DISTRICT (www.phoenixcsd.org)
- PULASKI CENTRAL SCHOOL DISTRICT (www.pulaskicsd.org)
- SANDY CREEK CENTRAL SCH DISTRICT (www.sandycreekcsd.org)

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ADDITIONAL COMMUNITY RESOURCES


**SALVATION ARMY of Oswego County** (www.facebook.com/SalvationArmyOswegoCounty) – No Update

73 West 2nd Street, Oswego (315-343-6491) & 62 South 1st Street, Fulton (315-593-8442)

For the safety of our community we will be serving food from our food pantry in prepacked boxes Monday-Friday from 10-2:30 – during this time, you may come once a week for a food box at Oswego or Fulton Corps. **Lunch will be served in to-go bags Monday-Friday from 11:30am-12:30pm until further notice.** **Provisions will be given on Friday to cover lunch Saturday.** Please see website for additional details and updates.

**CATHOLIC CHARITIES** (www.ccoswego.com & www.facebook.com/ccoswego) – No Update

808 West Broadway, Fulton (315-598-3980)

**Pantry:** The Food Pantry is still open. Currently our hours have been changed to Monday – Friday, 10 am – 12 pm. Please check website for any updates on hours or closings. If you are in need of food and cannot get to Catholic Charities, they are **delivering food.** Call 315-598-3980 to talk with a Community Services Case Manager who will assess needs and have food delivered if necessary. The driver will not enter a home and people are asked not to come to the car; the driver will leave the food on the door step.

**Emergency Services:** Catholic Charities may also be able to assist with additional Emergency Needs between the hours of **8:30 am and 2:00 pm, Monday – Friday.** Please call (315) 598-3980 before coming to Catholic Charities for Emergency Needs and Necessities as some of these may be addressed over the phone.
OCCO Nutrition Services (please go to: www.oco.org/covid-19-updates for updates) - UPDATED

Nutrition Services - Senior Meals:
- Home Delivered Meals being provided; no physical contact (precautions taken to keep all safe)
- Call the county Office for the Aging at 315-349-3484 to sign up.

Senior Dining & Activity Centers: CLOSED (can sign up for Home Delivered Meals instead)
- OCO has set up “drive-thru” meal pickup at some of the Dining & Activity Center locations - Please call the Center Manager the day before by 12 noon to reserve your meals (eligibility intake will be done by phone prior to signing up)
- Pickup will be 11:30 am - 12:30 pm unless specified differently at the following sites:
  - Fulton Municipal Building (315-598-4712, 0 for assistance) – REOPENING 11/2/2020! Mon, Tues & Thur, 11 am – 12 noon pick-up time
  - Hannibal Community Library (315-564-5471): Mon, Wed and Fri only
  - Lighthouse Church, Mexico (315-806-1917): Wednesday & Friday only
  - Central Square Community Church (315-720-9732): Tues, Wed & Thurs only
- Call OCCO Nutrition Services at 315-598-4712 for questions
- If not a regular Dining Center participant, call OCCO Nutrition Services (315-598-4712)

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FOOD BANK of CNY (https://foodbankcny.org / 315-437-1899) - UPDATED
FOOD SENSE has started back up again in Fulton through Fulton United Methodist Church (315-592-7347); Salvation Army of Oswego County in Oswego will participate again in 2021. For Food Referrals (to learn where you can access food across Oswego County), please call (315) 437-1899 / 1-866-839-7304 on Monday – Friday, 8 am – 4:30 pm. On evenings and weekends, please call 211 for assistance.

For info or assistance with signing up for SNAP (Food Stamps) in Oswego County, please call 315-437-1899 ext. 273 to speak with Outreach Coordinator Heidi Rauch-Webb for help.

MOBILE FOOD PANTRIES - 1 free food box per family; no income requirements UPDATED
Encouraged to drive-up, not walk-up, for pickup. If have to walk up, 6 feet social distancing guidelines will be in place & asking that only 1 person from the family come for pick up.

For more info, contact Food Bank of CNY (315-437-1899 / 1-866-839-7304, Mon–Fri, 8 am – 4:30 pm) or go to https://health.oswegocounty.com/information/mobile_food_pantry.php. Also listed on www.oco.org under Free Distributions of Food & Supplies in right side panel at the top.

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ALL SAINTS EPISCOPAL CHURCH (www.allsaintsfulton.org/tuesday-night-dinners.html)
153 South 1st Street, Fulton (315-592-2102) – No Update
FULTON – All Saints Episcopal Church of Fulton will continue offering free meals to individuals and families in need on Tuesdays during the Coronavirus outbreak, but will close its Parish Hall dining room.

Meals will be offered as takeout only at the church. People interested in receiving a takeout meal should come to the church Tuesday between 5:30 and 6:30 p.m.

One meal will be given per person who arrives. Because the meal needs to be carried home, it will be more basic than usual and consist of a sandwich, side dishes and a dessert.

All are welcome, no questions are asked and the dinner is not part of a religious service. It is part of the church’s mission to reach out to, and to give back to, the Fulton community. Please see website for additional details and updates.
Unfortunately, some food pantries have CLOSED – please call before you go. Also, for Food Referrals (to learn where you can access food across Oswego County – they have an up-to-date listing), call (315) 437-1899 / 1-866-839-7304 on Mon–Fri, 8 am – 4:30 pm. On evenings & weekends, call 211.

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Location</th>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Amboy Center</td>
<td>315-676-2898</td>
<td>State Route 69 &amp; 183 Amboy Center 13493</td>
<td>2nd &amp; 4th Wed</td>
<td>10 am – 12 noon</td>
</tr>
<tr>
<td>Divine Mercy Parish</td>
<td>315-675-3536</td>
<td>592 South Main Street Central Square 13036</td>
<td>Tues &amp; Thur</td>
<td>9 am – 12 noon</td>
</tr>
<tr>
<td>North Shore</td>
<td>315-675-3536</td>
<td>2 Clay Street Cleveland 13042</td>
<td>2nd Sat → 4th Wed →</td>
<td>8:30 – 11:30 am 5 – 7 pm</td>
</tr>
<tr>
<td>Believer’s Chapel</td>
<td>315-593-8989</td>
<td>614 South 4th Street Fulton 13069</td>
<td>3rd Mon</td>
<td>starts at 3 pm</td>
</tr>
<tr>
<td>Catholic Charities</td>
<td>315-598-3980</td>
<td>808 West Broadway Fulton 13069</td>
<td>Mon – Fri</td>
<td>8:30 am – 2 pm</td>
</tr>
<tr>
<td>Dexterville Comm Services</td>
<td>315-593-1607</td>
<td>9 Rathburn Road Fulton 13069</td>
<td>call when</td>
<td>call when</td>
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<td></td>
<td></td>
<td>in need</td>
<td>in need</td>
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<tr>
<td>Fulton Alliance Church</td>
<td>315-593-6842</td>
<td>1044 State Route 48 Fulton 13069</td>
<td>call when</td>
<td>call when</td>
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<td></td>
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<td>in need</td>
<td>in need</td>
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<tr>
<td>Fulton 1st United Methodist Church</td>
<td>315-592-7347</td>
<td>1408 State Route 176 Fulton 13069</td>
<td>Mon &amp; Wed</td>
<td>10 am – 2 pm</td>
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<tr>
<td>Salvation Army (Fulton site)</td>
<td>315-593-8442</td>
<td>62 South 1st Street Fulton 13069</td>
<td>Tues &amp; Thurs</td>
<td>10 am – 3 pm</td>
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<tr>
<td>Hannibal Resource Center</td>
<td>315-564-9995</td>
<td>927 Cayuga Street Hannibal 13074</td>
<td>Mon → Tues →</td>
<td>11 am – 2 pm 5 – 7 pm</td>
</tr>
<tr>
<td>Mexico (for Mexico CSD residents only)</td>
<td>315-963-0701</td>
<td>5863 Scenic Avenue Mexico 13114</td>
<td>Mon → Wed →</td>
<td>1 – 3 pm 5 – 7 pm</td>
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<tr>
<td>Human Concerns Center</td>
<td>315-342-7301</td>
<td>85 East 4th Street Oswego 13126</td>
<td>Mon – Fri</td>
<td>12 – 2:45 pm</td>
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<tr>
<td>Salvation Army (Oswego Corps)</td>
<td>315-343-6491</td>
<td>73 West 2nd Street Oswego 13126</td>
<td>Mon, Wed &amp; Fri</td>
<td>10 am – 3 pm</td>
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<tr>
<td>Parish Ecumenical</td>
<td>315-625-7833</td>
<td>814 Rider Street Parish 13131</td>
<td>Tues</td>
<td>2 – 5 pm</td>
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<tr>
<td></td>
<td>315-625-4575</td>
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<tr>
<td>Phoenix First Congregational</td>
<td>315-695-4841</td>
<td>41 Bridge Street Phoenix 13135</td>
<td>Mon – Fri</td>
<td>9:30 am–12 noon</td>
</tr>
<tr>
<td>Pulaski Comm Food Cupboard</td>
<td>315-298-4357</td>
<td>12 Bridge Street Pulaski 13142</td>
<td>ONLY OPEN BY APPOINTMENT – LEAVE A MESSAGE – THEY WILL CALL BACK</td>
<td></td>
</tr>
<tr>
<td>Redfield</td>
<td>585-330-8434</td>
<td>8 School Road Redfield 13437</td>
<td>Alternating Tuesdays</td>
<td>12 – 2 pm &amp; 5 – 7 pm</td>
</tr>
<tr>
<td>Sandy Creek/Lacona</td>
<td>315-387-5323</td>
<td>6046 South Main St Sandy Creek 13145</td>
<td>Mon – Fri</td>
<td>11 am – 1 pm</td>
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SOUP KITCHENS and FREE MEALS

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Location</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salvation Army (Fulton site)</td>
<td>315-593-8442</td>
<td>62 South 1st Street</td>
<td>Mon - Fri</td>
<td>11:30 am – 12:30 pm</td>
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<td>Fulton 13069</td>
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<tr>
<td>Salvation Army (Oswego Corps)</td>
<td>315-343-6491</td>
<td>73 West 2nd Street</td>
<td>Mon - Fri</td>
<td>11:30 am – 12:30 pm</td>
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<td></td>
<td></td>
<td>Oswego 13126</td>
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</tr>
<tr>
<td>Lacona Soup Kitchen, North Country Christian Church</td>
<td>315-387-2090</td>
<td>49 Salisbury Street</td>
<td>Mon – Fri</td>
<td>11:30 am – 1 pm</td>
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<tr>
<td></td>
<td></td>
<td>Lacona 13083</td>
<td>Sat</td>
<td>10 – 11 am</td>
</tr>
<tr>
<td>Mexico First United Methodist Church</td>
<td>315-963-3066</td>
<td>4372 Church St</td>
<td>Monday</td>
<td>11:30 am – 12:30 pm</td>
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<tr>
<td></td>
<td></td>
<td>Mexico 13114</td>
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<td></td>
</tr>
<tr>
<td>All Saints Episcopal Church</td>
<td>315-592-2102</td>
<td>153 South 1st Street</td>
<td>Tuesday</td>
<td>5:30 – 6:30 pm</td>
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<tr>
<td></td>
<td></td>
<td>Fulton 13069</td>
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<tr>
<td>Minetto United Methodist Church</td>
<td>315-343-3465</td>
<td>2433 County Rte 8</td>
<td>canceled</td>
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<td></td>
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<td>(at St Rte 48, Minetto)</td>
<td>until</td>
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NOTE: During the COVID-19 national health crisis, most are only offering takeout meals. Some of the occasional meals may be canceled so please call to verify still being held.

FRESH FRUIT & VEGETABLE BOX - C’s Farm Market (csfarmmarket1010@hotmail.com)
- located behind Fajita Grill, Rte 104 West, Oswego 13126 ♦ (315)-343-1010) - No Update
- hours: Mon-Fri, 8 am – 6 pm & Sat, 9 am – 4pm ♦ A $20 box contains: iceberg lettuce, celery, mini carrot, potatoes, grape tomatoes, onion, red onion, apples, oranges

Central Region SNAP Ed Oswego County (www.facebook.com/snapedoswego)
SNAP-Ed is a free, confidential nutrition education program to help you and your family manage your food resources during tough economic times. Links to resources throughout Oswego County.

Cornell Cooperative Extension of Oswego County
Food Resources, education on MyPlate, Preserving Foods, Healthy Recipes, Local Foods and Fish & Game resources, including recipes. (http://thatscooperativeextension.org/food-nutrition)

CNY 211 (https://211cny.com/food.shtml) - can call 211 OR tollfree 1-844-245-1922
Resources available including:
- Baby formula
- Food pantries
- Fresh food
- Meals
- Home delivered meals
- SNAP (Food Stamps)
- WIC
- Apply for Benefits
- Pet Food

PET SUPPLIES
Windey Acres Tack Box –
- 5825 Scenic Avenue, Mexico 13114 (315-964-7416 / windeyacres@gmail.com / find on Facebook @ windeyacresfarms)
- If needed, ask about pet food delivery throughout Oswego County
- If people need assistance financially, they are working with Catholic Charities of Oswego County (ask the store about this if needed)

Paws Across Oswego County - dog and cat food available in Pet Food Pantry -
- 2035 County Route 1, Oswego ♦ (315) 315 343 0001 ♦ Mon – Fri, 8am – 3pm
- If you are in need, call to let them know what you are in need of, and they will put it outside with your name on it. (www.facebook.com/PawsAcrossOswegoCounty)
OTHER RESOURCES IN OSWEGO COUNTY


Oswego County Division of Mental Hygiene – EMOTIONAL SUPPORT RESOURCES
www.oswegocounty.com/departments/human_services/mental_hygiene/index.php

- Crisis Text Line - text CONNECT to 741741
- Suicide Prevention Hotline - call 1-800-273-8255 (TALK)
- NYS COVID-19 Emotional Helpline 8 am - 10 pm, 7 days a week - call 1-844-863-9314

for additional local services, www.oswegocounty.com/mentalhygiene - select CLICK HERE

CENTRO – Details at www.centro.org

- BUS SERVICES between OSWEGO & SYRACUSE – service RESUMED with some changes:
  o The Route 246 Oswego-Fulton-Syracuse bus route will now operate as an express route via Route 481 on all trips between Fulton and Phoenix.
  o Some trips will operate as express routes via Route 481 between the Route 31 corridor and Syracuse. Each trip will offer faster service between Oswego and Syracuse.
  o Buses will continue to service the William F. Walsh Regional Transportation Center and Destiny USA with slight time adjustments.
  o On weekends, this service will operate as an express route via Route 481 between Fulton and Phoenix, and will continue to provide three round trips each Saturday and Sunday.

- For route schedule in Onondaga County, see www.centro.org
- Barriers have been installed on Centro buses to separate the customers and the bus operators as passengers board through the front door and pay their fare (riding the bus is no longer free – fares will be charged at the same rate as before).

OCO PUBLIC TRANSPORTATION (OPT) buses –

OCO will continue on-demand services on some routes while preparing to resume regular services on others.

The 4 OPT routes have been reinstated back to normal service are:
- OPT-10: Fulton, Mexico, Port Ontario, Pulaski, Sandy Creek, Richland, Altmar & Williamstown
- OPT-11: Fulton, Mexico, Pulaski, Williamson, Altmar and Port Ontario
- OPT-12: Fulton, Mexico, Williamstown, Parish, Pulaski, Central Square, Amboy Center & Constantia
- OPT-13: Fulton, Oswego, New Haven, Mexico, Port Ontario, Pulaski, Williamstown, Sandy Creek & Richland

Updated info: www.oco.org/covid-19-updates#Transportation

COVID TESTING SITES in OSWEGO COUNTY - refer to Oswego County Health Dept here
(includes Oswego Hospital, WellNow Urgent Care & Pulaski Urgent Care – check for details at https://health.oswegocounty.com/news_detail_T28_R143.php regarding who can get tested)