

# OPTIONS Program



Now offering services to women and infants in Oswego County.

- Do you need health insurance?
- Do you have medical *issues/concerns* and *need help getting medical care*?
- Are you *pregnant* and feeling *overwhelmed*?
- Have you just *had a baby*?
- Do you suffer from *Depression* or *Addiction*?
- Do you need *Birth Control*?
- Are you a *teenager* who is sexually active, or thinking of becoming sexually active?



Please contact an **OPTIONS** Worker today!

**OPTIONS is FREE and Confidential!**

**Phone:** 315-342-7532

**Fax:** 315-342-7554

**Text:** 315-297-8228

**Email:** [options@oco.org](mailto:options@oco.org)

**Address:** 18 East Cayuga Street

Midtown Plaza

Oswego, NY 13126



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