



Lisa Sousou is originally from Baldwinsville, NY. Ms. Sousou graduated from SUNY Geneseo with a B.S. in Biology and a minor in Human Development. She completed her Physician Assistant training at LeMoyne College. Ms. Sousou joined OCO in 2001, and has practiced for the majority of her nearly 20 year career in women's health/gynecology as well as reproductive health care for men. She maintains an active membership to the American Society for Colposcopy and Cervical Pathology (ASCCP) and has advanced training in colposcopy. Ms. Sousou has particular interest in patient education and preventative care and is dedicated to making quality health care as accessible as possible to all, insured or uninsured.

Ms. Sousou sees patients at the Center at Fulton, Center at Central Square, and Center at Mexico.



Heather M. Shannon serves as a staff Nurse Practitioner for Oswego County Opportunities, Inc. (OCO). She is a NYS licensed midwife, women's health nurse practitioner and OB/GYN nurse practitioner with over 20 years' experience. She received her Master of Science, Midwifery at University of Rochester in 1997 and a Master of Public Health at Upstate Medical University and Syracuse University in 2012. Previously, Ms. Shannon held various positions within the Upstate system. Ms. Shannon maintains active memberships in the American College of Nurse Midwives (ACNM), New York State Licensed Midwives (NSALM) and American College of Obstetrics and Gynecologists (ACOG). She is also a member of ACOG Patient Safety and Quality Committee member of ACNM Business Section.

Ms. Shannon sees patients at OCO's The Center at Fulton.