

“The Mission of Oswego County Opportunities, Inc is to provide opportunities that improve the quality of life for all residents of Oswego County.”

Residential Programs include:

Arbor House (for recovery from substance abuse)

Transition Living (for emotionally disabled individuals)

Horizon House

Family Care

DD IRA’s (for developmentally disabled adults)

Respite

Other O.C.O. Programs include:

WIC

S.N.A.P.

Head Start

Day Care

Senior Nutrition

OPTIONS Transit Services

Services to Aid Families (SAF)

Youth Emergency Services- YES!

Case Management

Program Assist Teenage

Homeless—PATH

Family Planning Centers

Primary Health Care Centers

Agency Operated Boarding House



Helping People. Supporting Communities. Changing Lives

**ARBOR HOUSE
A PLACE TO GROW**

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**“Helping People—
Supporting Communities—
Changing Lives”**

**Chemical
Dependence
Residential
Services**

**Oswego County
Opportunities, Inc.**

**239 Oneida Street
Fulton, NY 13069**



ARBOR HOUSE

**Phone: 315-564-5506
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The **Arbor House Community Residence** and the **Arbor House Supportive Living Program** are operated by Oswego County Opportunities, Inc., a not-for-profit Human Services Agency. The New York State Office of Alcoholism and Substance Abuse Services certifies both components of the Chemical Dependence Program.

The **Arbor House Community Residence**, located in a rural setting in Oswego County, provides a structured, home-like setting for 16 persons making the transition to abstinent living. The residence, established in 1987, provides 24 hour, 7 days per week, on-site staffing and supervision.

The **Arbor House Supportive Living Program**, established in 1993, provides residential services for 10 persons residing in 5 apartments located in the Sumatra, Barrington and Brandonwood Apt. Complexes on the east side of the City of Oswego. The program is designed to promote independent living in a supervised setting for individuals who have completed another course of treatment and whose need for services does not require staffing on-site on a 24-hour per day basis.

Admission Criteria

To be admitted to the Arbor House Community Residence or the Supportive Living Program an individual must be determined to be able to achieve or maintain abstinence and recovery goals with the application of residential services and:

- ◆ Be in need of chemical dependence services.
- ◆ Be free of serious communicable disease that can be transmitted through ordinary contact.
- ◆ Not be in need of acute care, which cannot be provided in conjunction with residential care.
- ◆ Be homeless or have a living environment not conducive to recovery.
- ◆ Be in need of outpatient treatment services and/or other support services such as vocational or educational services.
- ◆ Be at least 18 years of age.

Program Philosophy

The Arbor House strives to provide a supervised, safe, and substance-free environment. To comply with strict licensing regulation and provide a healthy environment the use of tobacco products are prohibited to all persons who are at the community residence and supportive apartments including staff, residents, and visitors.

The average length of stay at the Arbor House Community Residence is approximately 6 to 9 months and/or 1 to 2 years at the Supportive Living Program, depending on the resident's achievement of mutually agreed upon program goals.

The basic tenet of the program is that teamwork is a necessary component in the recovery process. It is a community atmosphere which stresses individual as well as group responsibilities. A variety of opportunities exist where residents are encouraged to help themselves as well as one another and their community. The program's philosophy is to provide an environment in which recovery from addiction can thrive.

