

**RESOURCES FOR FOOD IN OSWEGO COUNTY**

updated: 3/19/21

**Help Line for Emergency & General Assistance – call OCO Crisis Hotline: 1-877-342-7618**

Please check regularly for **upcoming Food & Milk Giveaways** and **Mobile Food Pantries** across Oswego County at [www.OCO.org](http://www.OCO.org) in right side panel at the top.

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**Please check the school’s website or contact the area school for meal distribution plans if students are not attending school in their school building.**

- APW CENTRAL SCHOOL DIST ([www.apwschools.org](http://www.apwschools.org))
- CENTRAL SQUARE CENTRAL SCHOOL DISTRICT ([www.cssd.org](http://www.cssd.org))
- FULTON CITY SCHOOL DISTRICT ([www.fultoncsd.org](http://www.fultoncsd.org))
- HANNIBAL CENTRAL SCHOOL DISTRICT ([www.hannibalcsd.org](http://www.hannibalcsd.org))
- MEXICO CENTRAL SCH DIST ([www.mexicocsd.org](http://www.mexicocsd.org))
- OSWEGO CITY SCHOOL DISTRICT ([www.oswego.org](http://www.oswego.org))
- PHOENIX CENTRAL SCHOOL DISTRICT ([www.phoenixcsd.org](http://www.phoenixcsd.org))
- PULASKI CENTRAL SCHOOL DISTRICT ([www.pulaskicsd.org](http://www.pulaskicsd.org))
- SANDY CREEK CENTRAL SCH DISTRICT ([www.sandycreekcsd.org](http://www.sandycreekcsd.org))

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**OCO NUTRITION SERVICES** ([www.oco.org/nutrition](http://www.oco.org/nutrition) & [www.oco.org/covid-19-updates](http://www.oco.org/covid-19-updates)) - **UPDATED**

**Nutrition Services - Senior Meals:**

- Home Delivered Meals being provided; no physical contact (precautions taken to keep all safe)
- **Call the Oswego County Office for the Aging at 315-349-3484 to sign up.**

**Senior Dining & Activity Centers are CLOSED for in-person dining**

- **Grab & Go Meal options are available** - Please call the Center Manager the day before by 12 noon to reserve your meals at the site (eligibility intake will be done by phone prior to signing up)
- Pickup will be 11:30 am - 12:30 pm unless specified differently at the following sites:
  - **Fulton Municipal Building** (315-598-4712, 0 for assistance) – Mon, Tues & Thur, 11 am – 12 noon pick-up time
  - **Hannibal Community Library** (315-564-5471): Mon, Wed and Fri only
  - **Lighthouse Church (location temporarily changed), Mexico** (315-806-1917): Wednesday & Friday only – **Grab & Go lunch is available at OCO Nutrition Services office, 5871 Scenic Avenue, Mexico**
  - **Central Square Community Church** (315-720-9732): Tues, Wed & Thurs only
- **There is a small food pantry offering items to participants 60 & over - please call OCO Nutrition office or let meal delivery driver or Dining & Activity Center Manager know if need additional food supplies. Arrangements will be made for additional food items**
- **Call OCO Nutrition Services at 315-598-4712 for questions**
- **If not a regular Dining Center participant, call OCO Nutrition Services (315-598-4712) for assistance with signing up – individuals 60 and over are eligible for Grab & Go meals.**

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**SALVATION ARMY of Oswego County ([www.facebook.com/SalvationArmyOswegoCounty](http://www.facebook.com/SalvationArmyOswegoCounty))-**UPDATED****

**73 West 2<sup>nd</sup> Street, Oswego (315-343-6491) & 62 South 1<sup>st</sup> Street, Fulton (315-593-8442)**

For the safety of our community we will be **servicing food from our food pantry in prepacked boxes Monday-Friday from 10-2:30** – during this time, **you may come twice a month for a food box** at Oswego or Fulton Corps. **Lunch will be served in to-go bags Monday-Friday from 11:30am-12:30pm** until further notice. **Provisions will be given on Friday to cover lunch Saturday.** Please see website for additional details and updates.

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**CATHOLIC CHARITIES ([www.ccoswego.com](http://www.ccoswego.com) & [www.facebook.com/ccoswego](http://www.facebook.com/ccoswego)) - **UPDATED****

**808 West Broadway, Fulton (315-598-3980)**

**Pantry:** The Food Pantry is still open. Currently hours have been changed to **Monday – Friday, 10 am – 12 pm.** Please check website for any updates on hours or closings.

**Community Services:** May be able to assist with additional needs **Mon – Fri, 8 am – 3 pm.** Please call (315) 598-3980 before coming to Catholic Charities for Needs and Necessities as some of these may be addressed over the phone.

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**FOOD BANK of CNY (<https://foodbankcny.org> / 315-437-1899 / 1-866-839-7304) - **UPDATED****

**FOOD \$EN\$E** – order forms are available in Fulton through Fulton United Methodist Church (315-592-7347) and in Oswego through Salvation Army of Oswego County (315-343-6491).

For **FOOD REFERRALS** (to learn where you can access food across Oswego County), please call (315) 437-1899 / 1-866-839-7304 on Monday – Friday, 8 am – 4:30 pm. On evenings and weekends, please call 211 for assistance. Also, select **FIND FOOD** along top on <https://foodbankcny.org> – enter address or zip code in search box at top left – see list of closest sites along left side of map

For info or assistance with **signing up for SNAP (Food Stamps)** in Oswego County, please call 315-437-1899 ext. 273 to speak with Outreach Coordinator Heidi Rauch-Webb for help.

**MOBILE FOOD PANTRIES** -1 **free** food box per family; no income requirements Encouraged to drive-up, not walk-up, for pickup. If have to walk up, 6 feet social distancing guidelines will be in place & asking that only 1 person from the family come for pickup.

For more info, contact **FOOD BANK of CNY (315-437-1899 / 1-866-839-7304, Mon–Fri, 8 am – 4:30 pm)** or go to [https://health.oswegocounty.com/information/mobile\\_food\\_pantry.php](https://health.oswegocounty.com/information/mobile_food_pantry.php). Also listed on [www.oco.org](http://www.oco.org) under Free Distributions of Food & Supplies in right side panel at the top.

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**ALL SAINTS EPISCOPAL CHURCH ([www.allsaintsfulton.org/tuesday-night-dinners.html](http://www.allsaintsfulton.org/tuesday-night-dinners.html))**

**153 South 1<sup>st</sup> Street, Fulton (315-592-2102)**

**FULTON** – All Saints Episcopal Church of Fulton will continue offering free meals to individuals and families in need on Tuesdays during the Coronavirus outbreak but will close its Parish Hall dining room.

Meals will be offered as **takeout only** at the church. People interested in receiving a takeout meal should come to the church Tuesday between 5:30 and 6:30 p.m.

One meal will be given per person who arrives. Because the meal needs to be carried home, it will be more basic than usual and consist of a sandwich, side dishes and a dessert.

All are welcome, no questions are asked and the dinner is not part of a religious service. It is part of the church’s mission to reach out to, and to give back to, the Fulton community. Please see website for additional details and updates.

**OSWEGO COUNTY COMMUNITY SERVICES DIRECTORY - UPDATED LINK: 2021**  
[www.oswegocounty.com/residents/index.php](http://www.oswegocounty.com/residents/index.php) - select directory from listing.

Unfortunately, **some food pantries have CLOSED – please call before you go.** Also, for **Food Referrals** (to learn where you can access food across Oswego County – they have an up-to-date listing), call (315) 437-1899 / 1-866-839-7304 on Mon–Fri, 8 am – 4:30 pm. On evenings & weekends, call 211.

**FOOD PANTRIES**

**UPDATED**

<b><u>Name</u></b>	<b><u>Phone</u></b>	<b><u>Location</u></b>	<b><u>Day</u></b>	<b><u>Time</u></b>
Amboy Center		State Route 69 & 183 <b>Amboy Center</b> 13493	2 <sup>nd</sup> & 4 <sup>th</sup> Wed	10 am – 12 noon
Divine Mercy Parish	315-676-2898	592 South Main Street <b>Central Square</b> 13036	Tues & Thur	9 am – 12 noon
North Shore (appt only)	315-675-3536	2 Clay Street <b>Cleveland</b> 13042	2 <sup>nd</sup> Sat → 4 <sup>th</sup> Wed →	8:30 – 11:30 am 5 – 7 pm
Believer’s Chapel	315-593-8989	614 South 4 <sup>th</sup> Street <b>Fulton</b> 13069	3 <sup>rd</sup> Mon	starts at 3 pm
Catholic Charities	315-598-3980	808 West Broadway <b>Fulton</b> 13069	Mon – Fri	8:30 am – 2 pm
Dexterville Comm Services	315-593-1607	9 Rathburn Road <b>Fulton</b> 13069	call when in need	call when in need
Fulton Alliance Church	315-593-6842	1044 State Route 48 <b>Fulton</b> 13069	call when in need	call when in need
Fulton 1 <sup>st</sup> United Methodist Church	315-592-7347	1408 State Route 176 <b>Fulton</b> 13069	Mon & Wed	10 am – 2 pm
Salvation Army (Fulton site)	315-593-8442	62 South 1 <sup>st</sup> Street <b>Fulton</b> 13069	Tues & Thurs	10 am – 3 pm
Hannibal Resource Center	315-564-9995	927 Cayuga Street <b>Hannibal</b> 13074	Mon → Tues →	11 am – 2 pm 5 – 7 pm
Mexico (for Mexico CSD residents only)	315-963-0701	5863 Scenic Avenue <b>Mexico</b> 13114	Mon → Wed →	1 – 3 pm 5 – 7 pm
Human Concerns Ctr (must show res in OCSchDist)	315-342-7301	85 East 4 <sup>th</sup> Street <b>Oswego</b> 13126	Mon – Fri	12 – 2:45 pm
Salvation Army (Oswego Corps)	315-343-6491	73 West 2 <sup>nd</sup> Street <b>Oswego</b> 13126	Mon, Wed & Fri	10 am – 3 pm
Parish Ecumenical	315-625-7833 315-625-4575	814 Rider Street <b>Parish</b> 13131	Tues	2 – 5 pm
Phoenix First Congregational	315-695-4841	41 Bridge Street <b>Phoenix</b> 13135	Mon – Fri	9:30 am–12 noon
Pulaski Comm Food Cupboard	315-298-4357	12 Bridge Street <b>Pulaski</b> 13142	Mon → Wed → Fri →	9-11am & 3-5pm 9 am - 12 pm 9 am – 3 pm
Redfield	585-330-8434	8 School Road <b>Redfield</b> 13437	Alternating Tuesdays	12 – 2 pm & 5 – 7 pm
Sandy Creek/ Lacona	315-387-5323	6046 South Main St <b>Sandy Creek</b> 13145	Mon – Fri	11 am – 1 pm

**SOUP KITCHENS and FREE MEALS**

<u>Name</u>	<u>Phone</u>	<u>Location</u>	<u>Day</u>	<u>Time</u>
Salvation Army (Fulton site)	315-593-8442	62 South 1 <sup>st</sup> Street <b>Fulton</b> 13069	<b>Mon - Fri</b>	11:30 am – 12:30 pm
Salvation Army (Oswego Corps)	315-343-6491	73 West 2 <sup>nd</sup> Street <b>Oswego</b> 13126	<b>Mon - Fri</b>	11:30 am – 12:30 pm
Lacona Soup Kitchen, North Country Christian Church	315-387-2090	49 Salisbury Street <b>Lacona</b> 13083	<b>Mon–Fri →</b>  <b>Sat →</b>	11:30 am – 1 pm 10 – 11 am
Mexico First United Methodist Church	315-963-3066	4372 Church St <b>Mexico</b> 13114	<b>Monday</b>	11:30 am – 12:30 pm
All Saints Episcopal Church	315-592-2102	153 South 1 <sup>st</sup> Street <b>Fulton</b> 13069	<b>Tuesday</b>	5:30 – 6:30 pm
Minetto United Methodist Church	315-343-3465	2433 County Rte 8 (at St Rte 48, <b>Minetto</b> )	<b>canceled until further notice</b>	

**NOTE:** During the COVID-19 national health crisis, most are only offering takeout meals. Some of the occasional meals may be canceled so please call to verify still being held.

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**FRESH FRUIT & VEGETABLE BOX - C’s Farm Market** ([csfarmmarket1010@hotmail.com](mailto:csfarmmarket1010@hotmail.com))

- located behind Fajita Grill, Rte 104 West, Oswego 13126 ♦ (315)-343-1010
- hours: Mon-Fri, 8 am – 6 pm & Sat, 9 am – 4pm ♦ A **\$20 box** contains: iceberg lettuce, celery, mini carrot, potatoes, grape tomatoes, onion, red onion, apples, oranges

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**Central Region SNAP Ed Oswego County** ([www.facebook.com/snapedoswego](http://www.facebook.com/snapedoswego))

SNAP-Ed is a free, confidential nutrition education program to help you and your family manage your food resources during tough economic times. Links to resources throughout Oswego County.

**Cornell Cooperative Extension of Oswego County**

Food Resources, education on MyPlate, Preserving Foods, Healthy Recipes, Local Foods and Fish & Game resources, including recipes. (<http://thatscooperativeextension.org/food-nutrition>)

**CNY 211** (<https://211cny.com/food.shtml>) - can call 211 **OR** tollfree 1-844-245-1922

Resources available including:

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|---------------------------------|--|--------------------------------------|
| • <a href="#">Baby formula</a>  | • <a href="#">Meals</a>                | • <a href="#">WIC</a>                |
| • <a href="#">Food pantries</a> | • <a href="#">Home delivered meals</a> | • <a href="#">Pet Food</a>           |
| • <a href="#">Fresh food</a>    | • <a href="#">SNAP (Food Stamps)</a>   | • <a href="#">Apply for Benefits</a> |

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**PET SUPPLIES**

**Windey Acres Tack Box**

- 5825 Scenic Avenue, Mexico 13114 (315-964-7416 / [windeyacres@gmail.com](mailto:windeyacres@gmail.com) / find on Facebook @ windeyacresfarms)
- If needed, ask about pet food delivery throughout Oswego County
- If people need assistance financially, they are working with Catholic Charities of Oswego County (ask the store about this if needed)

**Paws Across Oswego County** - dog and cat food available in Pet Food Pantry

- 2035 County Route 1, Oswego ♦ (315) 315 343 0001 ♦ Mon – Fri, 8am – 3pm
- If you are in need, call to let them know what you are in need of, and they will put it outside with your name on it. ([www.facebook.com/PawsAcrossOswegoCounty](http://www.facebook.com/PawsAcrossOswegoCounty))

**OTHER RESOURCES IN OSWEGO COUNTY**

updated: 3/19/21

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**Oswego County Division of Mental Hygiene – EMOTIONAL SUPPORT RESOURCES**

[www.oswegocounty.com/departments/human\\_services/mental\\_hygiene/index.php](http://www.oswegocounty.com/departments/human_services/mental_hygiene/index.php) - **UPDATED**

- ✓ **Crisis Text Line** - text CONNECT to 741741
- ✓ **local 24 hour / 7 days a week Mobile Crisis Service for mental health crises - call Crisis Connects @ 315-251-0800 to request the team**
- ✓ **Suicide Prevention Hotline** - call 1-800-273-8255 (TALK)
- ✓ **NYS COVID-19 Emotional Helpline** 8 am - 10 pm, 7 days a week - call 1-844-863-9314
- ✓ for additional local services, [www.oswegocounty.com/mentallygiene](http://www.oswegocounty.com/mentallygiene)

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**CENTRO – Details at [www.centro.org](http://www.centro.org) **UPDATED****

- **BUS SERVICES between OSWEGO & SYRACUSE – service RESUMED with some changes**  
– check specific bus schedules at [www.centro.org/service\\_schedules/schedules-oswego](http://www.centro.org/service_schedules/schedules-oswego) for details about routes in Oswego and Fulton as well as from Syracuse – Fulton - Oswego
- **For route schedule in Onondaga County, see [www.centro.org](http://www.centro.org)**
- **Barriers have been installed on Centro buses to separate the customers and the bus operators as passengers board through the front door and pay their fare**
- **Effective 2/2/21, the order states that individuals are required to wear masks when traveling on public transportation and at public transportation hubs, including any fixed facility at which passengers are picked up or dropped off**

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**OCO PUBLIC TRANSPORTATION (OPT) buses **UPDATED****

OCO will continue on-demand services on some routes while preparing to resume regular services on others.

The 4 OPT routes have been reinstated back to normal service are:

- **OPT-10:** Fulton, Mexico, Port Ontario, Pulaski, Sandy Creek, Richland, Altmar & Williamstown
- **OPT-11:** Fulton, Mexico, Pulaski, Williamstown, Altmar and Port Ontario
- **OPT-12:** Fulton, Mexico, Williamstown, Parish, Pulaski, Central Square, Amboy Center & Constantia
- **OPT-13:** Fulton, Oswego, New Haven, Mexico, Port Ontario, Pulaski, Williamstown, Sandy Creek & Richland

Updated info: [www.oco.org/covid-19-updates#Transportation](http://www.oco.org/covid-19-updates#Transportation)

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**COVID TESTING SITES in OSWEGO COUNTY - refer to Oswego County Health Dept [here](#)** (includes Oswego Hospital, WellNow Urgent Care & Pulaski Urgent Care – check for details at <https://cms3.revize.com/revize/oswegonyhealth/Oswego%20County%20Testing%20Sites.pdf>).

**COVID-19 VACCINE SITES in OSWEGO COUNTY – for details on who is eligible, refer to: [https://health.oswegocounty.com/information/2019\\_novel\\_coronavirus/covid-19\\_vaccine.php](https://health.oswegocounty.com/information/2019_novel_coronavirus/covid-19_vaccine.php); also lists what documentation is needed. **Appointments are required – NO walk-ins.****

**NEWS:** **FREE transportation to Vaccination & Testing Sites within Oswego County, Mon–Sat, 6 am - 7 pm.** Call 315-598-1514 to schedule a ride. Refer to flyer [here](#) for details.