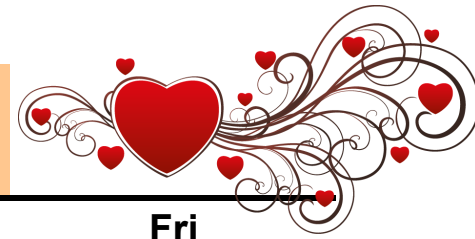


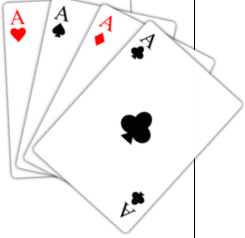


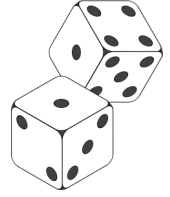






# Phoenix Dining & Activity Calendar February 2019



**Mon                      Tue                      Wed                      Thu                      Fri**

 <p style="font-size: small;">Helping People. Supporting Communities. Changing Lives.</p> <p><b>NUTRITION SERVICES</b> <b>(315) 598-4712</b></p> <p><b>COME JOIN US AT THE CENTER FOR A DELICIOUS HOT MEAL WITH FUN ACTIVITIES!</b></p> <p><b><u>Phoenix Dining &amp; Activity Center</u></b> 43 Bridge St. (Congregational Church) Phoenix, NY 315-695-4841</p> <p><b>Call Center Manager, Arlene a day ahead to make your lunch reservation!</b></p> <p><b><u>Other Centers Include:</u></b> Central Square Bistro 315-720-9732 Fulton 315-592-3408 Hannibal 315-564-5471 Mexico 315-806-1917 Parish 315-625-4617</p> 	<p><b><u>DID YOU KNOW?</u></b> Lite evening meals are available. Ask your center Manager for Details!</p>	<p><b>Lunch is served promptly at Noon!</b></p>	<p><b>eat healthy live healthy be healthy</b></p>	<p>1. Cards/Dice RSVP Osteo trainers to conduct FREE exercise training</p>
	<p>4 Cards Dice</p> 	<p>6 Steal Bingo with Jim Lynch –Village of Phoenix outreach</p>	<p>8 Chaya—Nutrition Education Dice</p> 	
	<p>11 Dice Wii Bowling</p> 	<p>13 Bingo Dice Cornell Cooperative Extension (Lauren)</p> <p style="text-align: center;"><i>Happy Valentine's Day</i></p>	<p>15 Exercise Dice</p> 	
	<p>18 Program Closed Presidents Day</p>	<p>20 Bingo Dice</p> 	<p>22 Dice Exercise</p>	
	<p>28 Dice Wii Bowling</p>	<p>27 Bingo</p>		
	<p><b>Programs are partially supported through grants from our partners: Oswego County Office for the Aging, New York State Office for the Aging &amp; The United Way of Greater Oswego, Inc.</b></p>			