

PHOENIX January 2019

Mon

Tue

Wed

Thu

Fri



Helping People. Supporting Communities. Changing Lives.
Nutrition Services
 315-598-4712

Central Square Bistro
 315-720-9732
Fulton 315-592-3408
Hannibal 315-564-5471
Mexico 315-806-1917
Parish 315-625-4617
Phoenix 315-695-4841



7
Who Am I ?
Dice

14
Dice
Cards

21
Program Closed

28
Dice
Poems

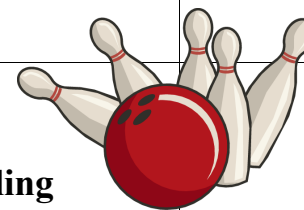


2
Steal Bingo with
Mystery Prize
Dice

9
Bingo
Cornell
Cooperative
Extension (Lauren)

16
Steal Bingo
Dice

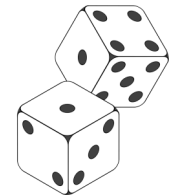
23
Bingo
Wii Bowling



30
Birthday
Celebration
Trivia

4
Exercise
Dice

11
Cards
Dice



18
Wii bowling
Dice

25
Dice
Exercise

Programs are partially supported through grants from our partners: Oswego County Office for the Aging, New York State Office for the Aging & The United Way of Greater Oswego, Inc.