Everyone deserves quality, low-cost health care. It’s an important tool for building strong lives and strong families.

Please call for an Appointment (315) 342-0888 ext. 1450 or email navigators@oco.org

IPA/Navigator Staff Will Be Available To Assist You At The Following Locations

**Oswego:**
- Oswego Health Center
  10 George Street
- Oswego Hospital
  110 W. 6th Street

**Fulton:**
- OCO Administration Bldg
  239 Oneida Street
- Fulton Urgent Care
  510 S. 4th Street
- Fulton Health Center
  522 S. 4th Street

**Central Square:**
- Central Square Urgent Care
  3045 East Ave. (Rte. 49)

**Mexico:**
- OCO Nutrition Site
  5871 Scenic Avenue

**Parish:**
- Parish Health Center
  10 Carlton Drive

**Pulaski:**
- Pulaski Health Center
  61 Delano Street

**Phoenix:**
- Phoenix Discovery Day Care Center
  80 Co Rte 59

**Constantia:**
- Constantia Town Hall
  14 Frederick Street
Do You or Your Family Need Health Insurance?

Let us help you with the application process to apply for health insurance through the NY State of Health Insurance Marketplace. Our trained, certified navigators can help you:

1. Find a Plan right for you
2. See if you can get help with insurance costs
3. Apply and enroll

What Benefits Can You Get?

- Ambulatory Patient Services
- Hospitalization
- Mental Health and substance use, Disorder services, including behavioral health treatment.
- Prescription Drugs
- Preventive and wellness and chronic disease management
- Emergency Services
- Maternity and newborn care
- Rehabilitative and habilitative services and devices
- Laboratory Services
- Pediatric Services, including oral and vision care

Documents You May Need to Bring or Know For Each Household Member

- Social Security numbers
- Document Numbers for Legal Immigrants
- Birth Dates
- Employer income & Income information regarding last year tax filing year (for everyone in the household). This information can come from:
  - Paystubs
  - W-2 Forms
  - Wage and tax statements
  - Information and other health insurance available to consumer and their family

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