

REGISTRATION FORM

Student Name: _____

Agency Name: _____

Agency Address: _____

Daytime Phone: _____

E-mail Address: _____

Payment Method:

Check Enclosed
(payable to OCO)

Purchase Order

REGISTRATION DEADLINE:
August 25, 2023

CLASS LOCATIONS

OCO - 6 Samuel Way, Oswego
PEACE - 215 Bassett St., Syracuse

2023-2024 CLASS SCHEDULE

9:00 AM—4:00 PM

Sept 7, Sep 21

Oct 5, Oct 19

Nov 2, Nov 16

Dec 7, Dec 21

Jan 4, , Jan 18

Feb 1, Feb 15

Mar 7, Mar 21

Exam Date*
March 21, 2024

* Exam date subject to change

All classes expected to meet in person. In the event of inclement weather, or other circumstances that prevent us from meeting in person, students will meet online using Microsoft Teams.

Classes will alternate between OCO in Oswego and PEACE, Inc. in Syracuse. Schedule to be distributed at first class.

For more information, or to register, please contact:

Christine Prevost
FDC Program Director
598-4705, Ext. 1023
cprevost@oco.org

Tara Bymaster
FDC Instructor/Advisor
598-4705, Ext. 1083
tbymaster@oco.org



239 Oneida Street
Fulton, NY 13069
(315)-598-4705

Visit us on the web!
www.oco.org



Oswego County
Opportunities Inc.
Helping People. Supporting Communities. Changing Lives.

Empowerment Skills for Family Workers



Photo: FDC Class of 2019

A 90-hour training and credentialing program for human service workers, seeking the Family Development Credential (or FDC)

The Family Development Credential has been approved by the Office of Head Start for fulfillment of requirements under Section 1302.91(e)(7) of the Head Start Performance Standards, Staff Qualifications and Competency.

What is the FDC?

The Family Development Credential started in 1994 as a major interagency initiative to provide front-line workers with the professional skills and competencies needed to help families and individuals become more self-reliant with their communities.

To earn the New York State FDC credential, family workers take 90 hours of Empowerment Skills for Workers interagency training, prepare a skills practice portfolio, and pass a state credentialing exam.

The FDC is a nationally recognized professional credential in the human services field. More than 12,000 front-line workers nationally have earned the FDC, through affiliated systems in 46 other states.

What are the benefits and outcomes of FDC training?

Cornell research documents the following:

- **Workers** develop effective skills in helping families set and achieve goals of healthy self-reliance.
- **Family members** who worked with FDC credentialed workers are better able to recognize their strengths, set goals and develop plans.
- **Organizations** increase their capacities to collaborate and staff feel motivated and validated.

7 Steps of Family Development

1. The family develops a partnership with a family development worker
2. A family development worker helps the family assess its needs and strengths; this is an ongoing process
3. The family sets its own major goals and steps for reaching them
4. The family development worker helps the family make a written plan that identifies steps the family will take and steps the worker will take
5. The family learns and practices skills needed to become self-reliant
6. The family uses services as stepping stones to reach their goals
7. The family's sense of self respect is restored and the family is able to better handle future challenges.

These steps do not occur in any particular order, and in some cases, the family may go back to a step more than once, during the process.

"I am learning many skills that I can use in my job now, and in future jobs in the Human Services field. Everyone should take this course. This is the way we all should be working with families!"

~ FDC student



TUITION & REGISTRATION

Tuition

OCO Employees	\$400.00
All others	\$800.00

Tuition does not include the cost of textbook. (Student will purchase separately—see below)

OCO Employees

Discuss your interest in the FDC with your supervisor. Complete a Request to Attend/Participate form and send it to Training & Performance, Attn: Christine Prevost

All Others

Complete the attached registration form and mail it with your payment to:

Oswego County Opportunities, Inc.

Attn: Tara Bymaster
239 Oneida Street
Fulton, NY 13069

Scanned registration forms may be emailed to tbymaster@oco.org

Where to Purchase Your Textbook

Purchase books online at <https://www.hfsbooks.com/publishers/family-development-press/>

Title: **Empowerment Skills for Family Workers** (2015,3rd edition) \$60
E-book edition may be available for a lower cost.