April 2024 - Dining & Activity Center Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	
Swedish Meatballs	Crispy Chicken Sandwich	Chicken Stir Fry	Hamburger Stew	Meatball Marinara Sub
Egg Noodles	Lettuce & Tomato	Steamed Rice	Corn with Peppers	Seasoned Potatoes
Green & Yellow Beans	Baby Garlic Potatoes	Oriental Vegetable	Biscuit	Italian Blend Vegetable
Juice	Carpi Blend Vegetable	Cookie	2.500.0	Applesauce
	Fruit Cup		Pudding	Bagel
Fruit Cup	Ham & Cheese Sandwich	Tossed Salad w/Turkey	Deli Chicken Sandwich	Peanut Butter & Jelly
Tuna Salad Sandwich	Fresh Fruit	Crackers	Fruit Cup	String Cheese
Fresh Fruit		Crasins		Fresh Orange
8	9	10	11	1
Chicken & Biscuits	Homemade	Italian Sausage	Ham	Pancakes & Sausage
Mashed Potatoes	Soup & Sandwich	Penne Marinara	Boiled Potatoes	Breakfast Potatoes
4-Way Blend Vegetable	Vegetable	Zucchini & Yellow	Cabbage & Carrots	Applesauce
Oatmeal Raisin Cookie	Fruit Cup	Squash	Rye Bread	
Yogurt	Caesar Salad with	Juice	Ice Cream	Banana
Muffin	Chicken	Mandarin Oranges	Hard Boiled Egg	Yogurt
String Cheese	Fresh Fruit	Crab Salad	Cheese, Crackers	Bagel
Fresh Fruit	ו ועטוו דו טונ	Tomato Wedges	Fresh Fruit	Fresh Orange
		Tomato weages		
Crispy Fish	Homestyle BBQ	Homemade	Pork Carnitas	Baked Ham
Sonoma Blend	Chicken Breast			
Vegetable	Green & Yellow Beans	Mac & Cheese	Rice Bowl	Winter Squash
=		Stewed Tomatoes	Catalina Blend	Green Beans
Cole Slaw	Potato Salad	Steamed Broccoli	Vegetable	Applesauce
Cookie	Fruited Gelatin	Pudding	Fruit Cup	Yogurt
Ham & Cheese Sandwich,	Turkey Salad Sandwich	Tuna Salad Sandwich	Egg Salad Sandwich	Bagel
Fresh Fruit	Banana	Fresh Fruit	Fruit Cup	Fresh Orange
22	23	24	25	2
Open Faced Turkey		Glazed Meatloaf	Roasted Red Pepper	Cheese Omelet
Sandwich		Baked Potato	Rigatoni Alfredo	Breakfast Potatoes
Mashed Potatoes & Gravy	Cooks Choice	Peas & Carrots	Chef Salad	Spiced Fruit
Vegetable Blend			Zucchini & Yellow Squash	Applesauce
Fruit Cup		Fruit Cup	Ice Cream	
Tossed Salad		Chicken Salad	Crab Salad	Yogurt Bagel
Hard Boiled Egg		Sandwich	Fresh Fruit	Бидеі Fresh Orange
Dinner Roll, Fresh Fruit		Cucumber Salad	riesii riuit	riesii Olulige
29	30			
Swedish Meatballs	Crispy Chicken			
Egg Noodles	Sandwich			
Green & Yellow Beans	Lettuce & Tomato	•		
Juice	Baby Garlic Potatoes			The same
Fruit Cup	Carpi Blend Vegetable	The Table		
Tuna Salad Sandwich	Fruit Cup			
Fresh Fruit	Ham & Cheese Sandwich,			
	Fresh Fruit			



Nutrition Services (315) 598-4712 Dial o to speak to someone

Programs are partially supported through grants from our partners:

Oswego County Office for the Aging

New York State Office for the Aging

The United Way of Greater of Oswego Inc.



Noon meal is in **BOLD**

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