Dining & Activity Center Menu

SEPTEMBER 2025

Nutrition Services Office: 315-598-4712 Ext. 0



Friday

**Cheddar Omelet** 

Breakfast Potatoes

Peanut Butter &

Jelly

English Muffin

12 Meatball

Marinara Sub

**Diced Beets** 

Yogurt, Bagel &

Cream Cheese

**Monday** 

**Program** Closed for Holiday

8 Homemade Soup & Sandwich

Crispy Chicken Wrap

15

Cook's Choice

22 Sausage Gravy & **Biscuits Hashbrowns** Cottage Cheese

Dinner Roll

29 Crispy Fish **Baked Potato** 

> Egg Salad Sandwich

Tuesday

Ham & Scalloped Potatoes

Four Bean Salad Dinner Roll

Chicken & Biscuits **Mashed Potatoes** 

> Tuna Salad Sandwich

16 Turkey Tetrazzini Yellow & Orange **Carrots** 

> Tuna Salad Sandwich

23 Homemade Mac & Cheese Stewed Tomatoes

Tossed Salad

30 Ham & Scalloped **Potatoes** 

Four Bean Salad Dinner Roll

Wednesday

Goulash **Tossed Salad** 

Turkey Sandwich

10 Sloppy Joe **Garlic Red Potatoes** 

Tossed Salad Dinner Roll

17 **Pork Chop Mashed Potatoes** 

Hard Boiled Egg Cheese, Grapes

24 Open Faced **Turkey Sandwich Mashed Potatoes** 

Chicken Salad Sandwich

25 Chicken **Parmesan** Pasta Marinara

Crab Salad

**Thursday** 

Chicken Breast Wild Rice

> Roast Beef Sandwich

11

Deli Chicken Sandwich

**Beef Stroganoff** Egg Noodles

18

**Glazed Meatloaf Sweet Potato** 

> Hummus Pita Bread

19

**Program Closed** No Meal Delivery

26

Cheeseburger **Diced Beets** 

Yogurt, Bagel & Cream Cheese









Notes:

Menu is subjective to change without notice

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