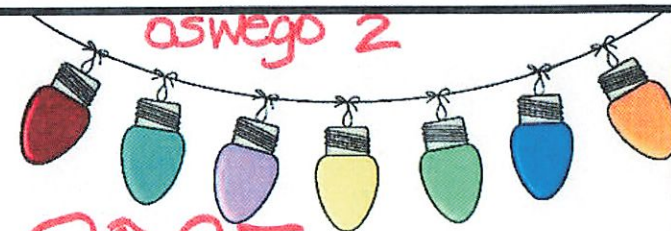


DECEMBER



aswego 2

2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1	2	3 Brain Architecture 5:30 with Becki	4 Coffee hour 9 am	5 No Class Total Staff	6
7	8	9	10 Parent connection 9am Personal Safety	11	12	13
14	15	16	17 Parent Connection 5:30pm -Personal Safety Willow's Special Day	18	19 Make an- Take Day! Cookie Day!	20
21	22	23 Policy Council 10am	24 No Class	25 No Class Winter Break	26 No Class	27
28	29 No Class	30 No Class	31 No Class Winter Break	No Class	No Class	



December Newsletter 2025



Oswego 2

It is hard to believe that December is already here. We have been working on learning our letters and letter sounds using Zoo Phonics. We are also working on counting and recognizing numbers. This month we will be using our five senses to explore this time of year. We have some new faces in our room; Bryn is working as a temporary substitute. You may have also seen Bree who is OCO's Behavioral Coach, who also helps in our room on occasion.

I enjoyed meeting with Parents during Parent/Staff Conferences. Parents, please make sure to sign in and out each day. This is a very busy month so please check your calendar for special days, days off and Winter Break.

The cold weather has arrived! We do try to go outside every day so please make sure that your child is dressed for the weather. You may leave an extra pair of shoes in your child's cubby once we start wearing boots.

Cathy, Shantel, Amber

5 Little Ducks lyrics (movement and song CHOOSY)

5 little Ducks went swimming one day, over the hills and far away. Mommy duck said "Quack, quack, quack, quack" but only four little ducks came back.

Four little ducks went swimming one day, Over the hills and far away. Mommy duck said "Quack, quack, quack, quack" but only two little ducks came back.

Three little ducks went swimming one day, Over the hills and far away. Mommy duck said "Quack, quack, quack, quack" But only two little ducks come back.

Two little ducks went swimming one day, Over the hills and far away. Mommy duck said "Quack, quack, quack, quack" But only one little duck came back.

One little duck went swimming one day, Over the hills and far away. Mommy duck said "Quack, quack, quack" and all five little ducks swam back.

Oswego HS Menu

(Menu Subject to Change) "Nut Safe"

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast: Pineapple Juice, WG Frosted Mini Wheats, Skim Milk Lunch: Macaroni & Cheese, Stewed Tomatoes, Peaches, Skim Milk Snack: Graham Crackers w/ Strawberry Cream Cheese, Skim Milk	2 Breakfast: Banana, Yogurt, Skim Milk Lunch: Spanish Rice, Tossed Salad, Peas, Skim Milk Snack: WG Kix, Skim Milk	3 Breakfast: Pears, WG Pancake w/ Lite Syrup, Skim Milk Lunch: Pizza w/ Meat/Cheese & Pizza Crust, Broccoli, Fresh Oranges, Skim Milk Snack: Snack Mix, Apples, Water	4 Breakfast: Applesauce, Choice Egg, WG Tortilla, Skim Milk Lunch: Ham & Cheese Sandwich on WG Bread, Pepper Strips & Celery Sticks w/ Dip, Fresh Melon, Skim Milk Snack: Cottage Cheese, Pineapple, Water	5 
8 Breakfast: Orange Juice, WG Life, Skim Milk Lunch: Turkey Kielbasa, Broccoli, Buttered Noodles, Fresh Oranges, Skim Milk Snack: Pretzels, Skim Milk	9 Breakfast: Apples, WG Oatmeal, Skim Milk Lunch: Burger, Green Beans, Pears, Bun, Skim Milk Snack: WG Cheerios, Skim Milk	10 Breakfast: Banana, Homemade Muffin, Skim Milk Lunch: Meatball Sub w/ Cheese, Baked Beans, Corn, Hot Dog Bun, Skim Milk Snack: Cheese Stick, WG Crackers, Water	11 Breakfast: Peaches, WG Waffle w/ Lite Syrup, Skim Milk Lunch: Tuna Salad Wrap, Homemade Soup, Carrot Sticks, Berries, WG Bread, Skim Milk Snack: Graham Crackers, Pumpkin Applesauce, Water	12 Breakfast: Blended Juice, Rice Krispies, Skim Milk Lunch: Chicken Quesadillas, Tomato & Cucumber Salad, Pineapple & Grape Halves, WG Tortilla, Skim Milk Snack: Bagel w/ Cream Cheese, Fresh Oranges, Water
15 Breakfast: Pineapple, WG Kix, Skim Milk Lunch: Pizza with Meat/Cheese & Pizza Crust, Tossed Salad, Fresh Oranges, Skim Milk Snack: Hard-Boiled Egg, Cheese Crackers, Water	16 Breakfast: Peaches, Yogurt, Skim Milk Lunch: Turkey Sandwich, WG Bread, Cucumber Slices & Carrot Sticks, Clementine, Skim Milk Snack: Animal Crackers, Berries, Water	17 Breakfast: Apple Juice, Rice Krispies, Skim Milk Lunch: Chicken, Carrots, Brown Rice, Mandarin Fruit Salad, Skim Milk Snack: Broccoli w/ Dip, WG Crackers, Water	18 Breakfast: Pears, Biscuit w/ Jelly, Skim Milk Lunch: Mexican Dish with Meat/Cheese/Beans & WG Tortilla, Shredded Lettuce, Mild Salsa, Banana, Skim Milk Snack: Apples, Cheese, Water	19 Breakfast: Mandarin Oranges, WG Waffle w/ Lite Syrup, Skim Milk Lunch: Macaroni & Cheese, Tossed Salad, Cauliflower, Skim Milk Snack: WG Life, Skim Milk
22 Breakfast: Blended Juice, WG Cheerios, Skim Milk Lunch: Chicken Alfredo Pasta, Broccoli, Berries, Skim Milk Snack: Cucumbers w/ Dip, WG Crackers, Water	23 Breakfast: Pineapple, WG English Muffin, Skim Milk Lunch: WG Pancake w/ Lite Syrup, Breakfast Sausage, Fruit Sauce, Potato Puffs, Skim Milk Snack: Yogurt, Strawberries & Sliced Bananas, Water	24 	25 	26 
29 	30 	31 Resume Classes January 5th 		**Choosy Tip of the Month! ** Let your child help to wash & cut vegetables with a butter knife then make a pot of yummy soup together.

WG = Whole Grain

This Institution is an Equal Opportunity Provider

* Allergen information for menu items is available. Ask an employee for details.

** Check foods closely for nut oils: Breads, cereals, crackers, muffins, salad dressings, dips, sauces etc.



December 2025 Oswego Head Start

Hello Families,

December already! Can hardly believe it! Seems like the first day of school was only last week! If you are in need of outdoor winter clothing for your child/ren, please let me know!

It is so hard to believe that we entered the holiday season! If your family is in need of food or other assistance during this time of year, Please let me know! There are a lot of programs available to help!

If you are looking for employment, check out our website www.oca.org. We have various job openings within the agency.

Reminders:

Picture make up day 12/3

Parent Connection PM meeting 12/3 @ 5:30pm

Coffee Hour: making throw pillows 12/4 @ 9am

Parent Connection AM meeting 12/10 @ 9am w/ Erin- personal safety

Parent Connection meeting: Stress relief strategies 12/12 @ 9am w/ Tara

Parent Connection PM meeting 12/17 @ 5:30pm personal safety

Policy Council meeting: December 223rd @ 10am

Any questions or assistance needed, please reach out at any time!

Miss Becki

Oswego Family Specialist



Healthy Corner

Just a Friendly Reminder

With the weather starting to get colder and the snow is going to be falling, please remember that we take the children outside daily. Please make sure they have appropriate winter clothing (Boots, Snowpants, Hats, Gloves) for them to be able to go outside.

Parent Connection Officers:

Chairperson: Pepper R.
Vice Chairperson: Hailey L.
Secretary: Jesdith P.
Christine G.

Policy Council Representatives*

Jesdith P.
Cierra B.
Alternate Rep:
Pepper R.

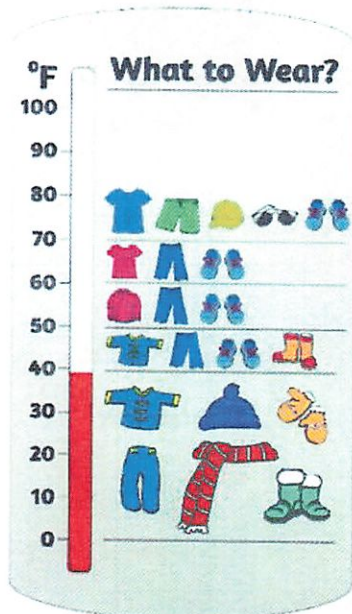
RESOURCES

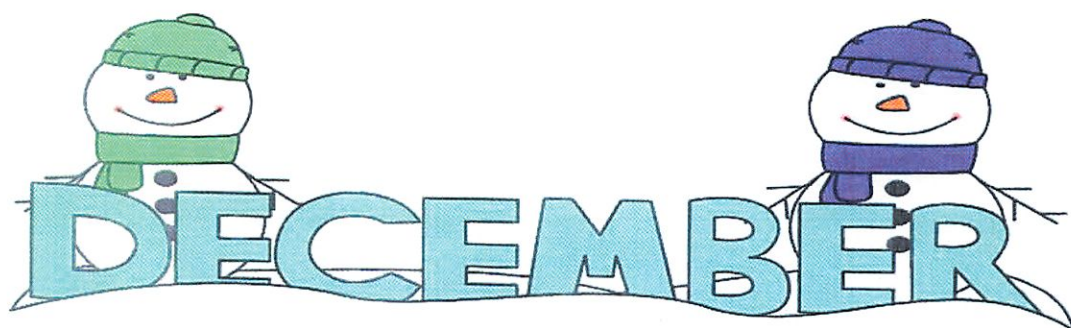
Food Pantries:

Oswego Salvation Army
Mon.*Wed.*Fri.
10am-3pm
315-343-6491
Human Concerns Center
Monday-Friday
12pm-2:45pm
315-342-7301

Citi BOCES

Want your GED? Contact
315-963-4283 or on the
Website @
www.citiboces.org





Thank you for all you do and for being such an important part of our program!

Family Appreciation



Penelope M. - 12/23



Layla G. - 12/4



Willow L. - 12/17



Emerie K. - 12/4



Ryder D. - 12/8



Chandon H. - 12/19

*Each month we will have a family appreciation page in the newsletter. This will appreciate the families of the children whose special days will be in that month.

