

# DECEMBER



Oswego 3

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Brain architecture game with Miss Becki 5:30pm	4 Emerie's Special Day Coffee Hour with Miss Becki 9am	5 No School Staff Meeting	6
7	8 Ryder's Special Day	9	10 Parent Connection Meeting 9am Intro to personal safety curriculum	11	12 Parent Connection Meeting 9am "Me Moment" stress reduction	13
14	15	16	17 Parent Connection Meeting 5:30pm Intro to personal safety curriculum	18 Chandon's Special Day	19 Milk and Cookie Day/ Make and Take	20
21	22	23 Policy Council 10am	24 No School	25 Happy Holidays!	26 No School	27
28	29 No School	30 No School	31 No School	Oswego 3		



# December

## Oswego 3

### CLASSROOM NEWS

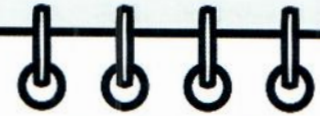
I can't believe it is December already! We had a great November. The children have been working on letters A-H of our zoophonics program and do well with it each day. We have been working on name recognition, and the children love to find their names and first letters anywhere they can! We are also working on trying new foods at mealtimes with encouragement from our Choosy stickers.

In December we will start our classroom Lending Library. More information on that will be sent out after Thanksgiving Break. We will also be having our milk and cookie/make and take day on 12/19 after our lunch time. There will be an invite sent home and posted on Learning Genie with more information on that. We are looking forward to an awesome end of 2025!

### Song: Reindeer Pokey

You put your antlers in. You put your antlers out. You put your antlers in, and you shake them all about. You do the Reindeer Pokey, and you turn yourself around. That's what it's all about!

You put your hooves in...  
You put your red nose in...  
You put your fluffy tail in...  
You put your reindeer body in...



### EVENTS

- 12/4 Emerie's Special Day
- 12/5 No School
- 12/8 Ryder's Special Day
- 12/18 Chandon's Special day
- 12/19 Milk and Cookie Day/Make and Take
- 12/23 Policy Council 10am
- 12/24-1/4 Holiday Break No School

### TO-DO

**IMIL Activity:** Look up **Choosy Kids** on Youtube and do some dances together!

Learning Genie and Kahn Academy activities 😊





# Oswego HS Menu

(Menu Subject to Change) "Nut Safe"

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>Breakfast:</b> Pineapple Juice, WG Frosted Mini Wheats, Skim Milk  <b>Lunch:</b> Macaroni &amp; Cheese, Stewed Tomatoes, Peaches, Skim Milk  <b>Snack:</b> Graham Crackers w/ Strawberry Cream Cheese, Skim Milk</p>	<p>2</p> <p><b>Breakfast:</b> Banana, Yogurt, Skim Milk  <b>Lunch:</b> Spanish Rice, Tossed Salad, Peas, Skim Milk  <b>Snack:</b> WG Kix, Skim Milk</p>	<p>3</p> <p><b>Breakfast:</b> Pears, WG Pancake w/ Lite Syrup, Skim Milk  <b>Lunch:</b> Pizza w/ Meat/Cheese &amp; Pizza Crust, Broccoli, Fresh Oranges, Skim Milk  <b>Snack:</b> Snack Mix, Apples, Water</p>	<p>4</p> <p><b>Breakfast:</b> Applesauce, Choice Egg, WG Tortilla, Skim Milk  <b>Lunch:</b> Ham &amp; Cheese Sandwich on WG Bread, Pepper Strips &amp; Celery Sticks w/ Dip, Fresh Melon, Skim Milk  <b>Snack:</b> Cottage Cheese, Pineapple, Water</p>	<p>5</p> 
<p>8</p> <p><b>Breakfast:</b> Orange Juice, WG Life, Skim Milk  <b>Lunch:</b> Turkey Kielbasa, Broccoli, Buttered Noodles, Fresh Oranges, Skim Milk  <b>Snack:</b> Pretzels, Skim Milk</p>	<p>9</p> <p><b>Breakfast:</b> Apples, WG Oatmeal, Skim Milk  <b>Lunch:</b> Burger, Green Beans, Pears, Bun, Skim Milk  <b>Snack:</b> WG Cheerios, Skim Milk</p>	<p>10</p> <p><b>Breakfast:</b> Banana, Homemade Muffin, Skim Milk  <b>Lunch:</b> Meatball Sub w/ Cheese, Baked Beans, Corn, Hot Dog Bun, Skim Milk  <b>Snack:</b> Cheese Stick, WG Crackers, Water</p>	<p>11</p> <p><b>Breakfast:</b> Peaches, WG Waffle w/ Lite Syrup, Skim Milk  <b>Lunch:</b> Tuna Salad Wrap, Homemade Soup, Carrot Sticks, Berries, WG Bread, Skim Milk  <b>Snack:</b> Graham Crackers, Pumpkin Applesauce, Water</p>	<p>12</p> <p><b>Breakfast:</b> Blended Juice, Rice Krispies, Skim Milk  <b>Lunch:</b> Chicken Quesadillas, Tomato &amp; Cucumber Salad, Pineapple &amp; Grape Halves, WG Tortilla, Skim Milk  <b>Snack:</b> Bagel w/ Cream Cheese, Fresh Oranges, Water</p>
<p>15</p> <p><b>Breakfast:</b> Pineapple, WG Kix, Skim Milk  <b>Lunch:</b> Pizza with Meat/Cheese &amp; Pizza Crust, Tossed Salad, Fresh Oranges, Skim Milk  <b>Snack:</b> Hard-Boiled Egg, Cheese Crackers, Water</p>	<p>16</p> <p><b>Breakfast:</b> Peaches, Yogurt, Skim Milk  <b>Lunch:</b> Turkey Sandwich, WG Bread, Cucumber Slices &amp; Carrot Sticks, Clementine, Skim Milk  <b>Snack:</b> Animal Crackers, Berries, Water</p>	<p>17</p> <p><b>Breakfast:</b> Apple Juice, Rice Krispies, Skim Milk  <b>Lunch:</b> Chicken, Carrots, Brown Rice, Mandarin Fruit Salad, Skim Milk  <b>Snack:</b> Broccoli w/ Dip, WG Crackers, Water</p>	<p>18</p> <p><b>Breakfast:</b> Pears, Biscuit w/ Jelly, Skim Milk  <b>Lunch:</b> Mexican Dish with Meat/Cheese/Beans &amp; WG Tortilla, Shredded Lettuce, Mild Salsa, Banana, Skim Milk  <b>Snack:</b> Apples, Cheese, Water</p>	<p>19</p> <p><b>Breakfast:</b> Mandarin Oranges, WG Waffle w/ Lite Syrup, Skim Milk  <b>Lunch:</b> Macaroni &amp; Cheese, Tossed Salad, Cauliflower, Skim Milk  <b>Snack:</b> WG Life, Skim Milk</p>
<p>22</p> <p><b>Breakfast:</b> Blended Juice, WG Cheerios, Skim Milk  <b>Lunch:</b> Chicken Alfredo Pasta, Broccoli, Berries, Skim Milk  <b>Snack:</b> Cucumbers w/ Dip, WG Crackers, Water</p>	<p>23</p> <p><b>Breakfast:</b> Pineapple, WG English Muffin, Skim Milk  <b>Lunch:</b> WG Pancake w/ Lite Syrup, Breakfast Sausage, Fruit Sauce, Potato Puffs, Skim Milk  <b>Snack:</b> Yogurt, Strawberries &amp; Sliced Bananas, Water</p>	<p>24</p> 	<p>25</p>	<p>26</p> 
<p>29</p> <p><b>Holiday Break!!</b></p>	<p>30</p>	<p>31</p> <p>Resume Classes January 5th</p> 		<p><b>**Choosy Tip of the Month! **</b></p> <p>Let your child help to wash &amp; cut vegetables with a butter knife then make a pot of yummy soup together.</p>

WG = Whole Grain

This Institution is an Equal Opportunity Provider

\* Allergen information for menu items is available. Ask an employee for details.

\*\* Check foods closely for nut oils: Breads, cereals, crackers, muffins, salad dressings, dips, sauces etc.





## December 2025 Oswego Head Start

Hello Families,

December already! Can hardly believe it! Seems like the first day of school was only last week! If you are in need of outdoor winter clothing for your child/ren, please let me know!

It is so hard to believe that we entered the holiday season! If your family is in need of food or other assistance during this time of year, Please let me know! There are a lot of programs available to help!

If you are looking for employment, check out our website [www.oco.org](http://www.oco.org). We have various job openings within the agency.

### Reminders:

Picture make up day 12/3

Parent Connection PM meeting 12/3 @ 5:30pm

Coffee Hour: making throw pillows 12/4 @ 9am

Parent Connection AM meeting 12/10 @ 9am w/ Erin- personal safety

Parent Connection meeting: Stress relief strategies 12/12 @ 9am w/ Tara

Parent Connection PM meeting 12/17 @ 5:30pm personal safety

Policy Council meeting: December 223rd @ 10am

Any questions or assistance needed, please reach out at any time!

*Miss Becki*

Oswego Family Specialist



**Healthy Corner**

### Just a Friendly Reminder

With the weather starting to get colder and the snow is going to be falling, please remember that we take the children outside daily. Please make sure they have appropriate winter clothing (Boots, Snowpants, Hats, Gloves) for them to be able to go outside.

### Parent Connection Officers:

Chairperson: Pepper R.

Vice Chairperson: Hailey L.

Secretary: Jesdith P.

Christine G.

### Policy Council Representatives\*

Jesdith P.

Cierra B.

**Alternate Rep:**

Pepper R.

### RESOURCES

#### Food Pantries:

Oswego Salvation Army

Mon.\*Wed.\*Fri.

10am-3pm

315-343-6491

Human Concerns Center

Monday-Friday

12pm-2:45pm

315-342-7301

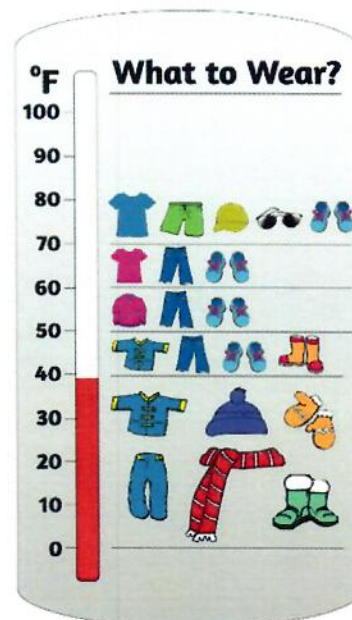
#### Citi BOCES

Want your GED? Contact

315-963-4283 or on the

Website @

[www.citiboces.org](http://www.citiboces.org)





Thank you for all you do and for being such an important part of our program!

## Family Appreciation



Penelope M. - 12/23



Layla G. - 12/4



Willow L. - 12/17



Emerie K. - 12/4



Ryder D. - 12/8



Chandon H. - 12/19

\*Each month we will have a family appreciation page in the newsletter. This will appreciate the families of the children whose special days will be in that month.

