



# FOOD \$ENSE



*A monthly food buying program for anyone who wants to stretch their grocery dollars*

**The Salvation Army • 73 W. 2nd St. • Oswego, NY**

## WHAT'S IN A FOOD \$ENSE PACKAGE?

Meat items (4-5) like ground beef, chicken breast, pork kabobs, tilapia filets, and hot dogs; Staple items (4-5) like pastas and grains; Fresh fruit or vegetables (2) like corn, strawberries, and other fresh produce; Monthly Specials (4-6) like meat, appetizers, and a protein box.

## WHO CAN GET A FOOD \$ENSE PACKAGE?

Anyone who wants to stretch their food dollars.

## HOW MUCH IS A FOOD \$ENSE PACKAGE?

The package is \$20.50. There are additional "Specials" that are available each month that are priced individually. You can get as many packages and specials as you would like. And you can get a special without a regular package. **Payment is due at the time of ordering: cash, check and EBT card accepted. Orders coming by mail MUST be received two days before the deadline and clearly marked "Food Sense" on the envelope.**

## CAN I USE MY EBT CARD?

Yes. EBT cards are now accepted through the Food Bank website.

Orders Taken:	Mon-Fri 10:00-2:00
Order Deadline:	Friday, February 13, 2026 at 12:00 noon
Mail-In orders must be received by Friday, February 13, 2026	
Pick-up Date:	Thursday, February 26 from 10:30—2:00pm

### **The Salvation Army**

73 W. 2nd Street  
Oswego, NY 13126  
315.343.6491

*Please remember that we cannot hold any packages after the scheduled pick-up time. If you have a conflict, give your receipt to a friend and they may claim your package. If you have any questions, please call Lt. Cassidy Dow or Lt. Michael Dow at 315-343-6491.*

# February Food \$en\$e

Customer Copy

## February Package \$20.50

Marinated Beef Portions, 1 lb.	French Fries, 2 lbs.	Corn, 15 oz.
Chicken Tenderloins, 1.17 lb. (avg)	Strawberries, 1 lb.	White Rice, 1 lb.
Kielbasa Sausage, 13 oz.	Green Beans, 1 lb.	Fresh Produce #1
Pollock Fillets, 1 lb.	Applesauce, 15 oz.	Fresh Produce #2

## February Specials

#1: Italian Meatballs, 5 lbs. for \$13.00	#5: Shrimp Stir Fry, 24 oz. for \$5.00
#2: Mozzarella Sticks, 3 lbs. for \$13.50	#6: Lasagna Roll-ups, 42 oz. for \$6.50
#3: Cheesy Chicken Nuggets, 48 oz. for \$7.00	
#4: Protein Box, 8 lbs. (avg) for \$15.00	

**ORDER DEADLINE: FRIDAY, February 13, at Noon**

**PICKUP: THURSDAY, February 26 from 12-2pm**

If ordering by mail: Checks only payable to The Salvation Army (P.O. Box 146, Oswego, NY 13126). Orders by mail must be received by February 13. Clearly write "Food Sense" on the envelope. Thank you.

Name:

Phone Number:

# of Monthly Packages:	#	\$
#1	\$13.00 each	
#2	\$13.50 each	
#3	\$7.00 each	
#4	\$15.00 each	
#5	\$5.00 each	
#6	\$6.50 each	
<b>Total:</b>		
<b>Total Order:</b>		

Payment:

Cash:

Check:

EBT:

Date Submitted:

Mail-In Orders to:

THE SALVATION ARMY

P. O. Box 146

Oswego, NY 13126

Customer Copy

# February Food \$en\$e

Office Copy

## February Package \$20.50

Marinated Beef Portions, 1 lb.	French Fries, 2 lbs.	Corn, 15 oz.
Chicken Tenderloins, 1.17 lb. (avg)	Strawberries, 1 lb.	White Rice, 1 lb.
Kielbasa Sausage, 13 oz.	Green Beans, 1 lb.	Fresh Produce #1
Pollock Fillets, 1 lb.	Applesauce, 15 oz.	Fresh Produce #2

## February Specials

#1: Italian Meatballs, 5 lbs. for \$13.00	#5: Shrimp Stir Fry, 24 oz. for \$5.00
#2: Mozzarella Sticks, 3 lbs. for \$13.50	#6: Lasagna Roll-ups, 42 oz. for \$6.50
#3: Cheesy Chicken Nuggets, 48 oz. for \$7.00	
#4: Protein Box, 8 lbs. (avg) for \$15.00	

**ORDER DEADLINE: FRIDAY, February 13, at Noon**

**PICKUP: THURSDAY, February 26 from 12-2pm**

If ordering by mail: Checks only payable to The Salvation Army (P.O. Box 146, Oswego, NY 13126). Orders by mail must be received by February 13. Clearly write "Food Sense" on the envelope. Thank you.

Name:

Phone Number:

# of Monthly Packages:	#	\$
#1	\$13.00 each	
#2	\$13.50 each	
#3	\$7.00 each	
#4	\$15.00 each	
#5	\$5.00 each	
#6	\$6.50 each	
<b>Total:</b>		
<b>Total Order:</b>		

Payment:

Cash:

Check:

EBT:

Date Submitted:

Office Copy

## February Specials:

**#1: Italian Meatballs, 5 lbs. for \$13.00:** The Italian meatballs are fully cooked and are in a five-pound bag.

**#2: Mozzarella Sticks, 3 lbs. for \$13.50:** The mozzarella sticks are par-cooked and ready for the oven.

**#3: Cheesy Chicken Nuggets, 48 oz. for \$7.00:** The chicken nuggets are fully cooked with cheese and are ready for the oven or fryer.

**#4: Protein Box, 8 lbs. (avg) for \$15.00:** The protein box includes Ground Beef (1 lb.), Pork Tenderloin (1.7 lb. avg), Chicken Drumsticks (3.5 lbs. avg), Tilapia Fillets (1 lb.), and Bologna (1 lb.).

**#5: Shrimp Stir Fry, 24 oz. for \$5.00:** The shrimp stir fry is a complete meal with shrimp and vegetables in an Asian soy sauce.

**#6: Lasagna Roll-ups, 42 oz. for \$6.50:** The cheese lasagna roll-ups are stuffed with ricotta and Romano cheese and over two and a half pounds.