



Dining & Activity Center Menu

APRIL 2026

Nutrition Services Office:
315-598-4712 Ext. 0



Monday

Tuesday

Wednesday

Thursday

Friday



1
**Open Faced
Roast Beef
Sandwich**
Mashed Potatoes
Tossed Salad

2
**Manicotti &
Meatballs**
*Honey & Peanut
Butter Sandwich*
String Cheese

3
Closed

6
**Chicken &
Biscuits**
Mashed Potatoes
Crab Salad

7
**Salsa Chicken
Rice**
*Ham & Cheese
Sandwich*

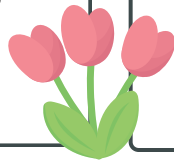
8
**Glazed Meatloaf
Baked Potato**
*Chicken Caesar
Salad*

9
**Homemade
Soup & Sandwich**
*Hard Boiled Egg,
Cheese, Muffin*

10
**Pancakes &
Sausage**
Breakfast Potatoes
*Hummus
Soft Pretzel*

13
**Pork Cutlet
Mashed Potatoes**
*Tuna Salad
Sandwich*

14
**Cook's
Choice**



15
**Crispy Fish
Mac & Cheese**
*Egg Salad
Sandwich*

16
**Ham & Boiled
Potatoes**
Cabbage & Carrots
*Cottage Cheese
Fruit*

17
**Roasted Chicken
Sweet Potatoes**
*Yogurt
Bagel & Cream
Cheese*

20
**Open Faced Turkey
Sandwich**
Mashed Potatoes
*Tossed Salad
Dinner Roll*

21
**Philly Cheesesteak
with Peppers &
Onions**
*Deli Chicken
Sandwich*

22
**Chicken Cutlet
Sandwich**
Crab Salad

23
**Penne Marinara
Italian Sausage**
*Chicken Salad
Sandwich*

24
**Braised Pork
Pasta**
*Yogurt
Bagel & Cream
Cheese*

27
**Swedish Meatballs
Egg Noodles**
*Tuna Salad
Sandwich*

28
**Chicken Drumsticks
Garlic Potatoes**
*Ham & Swiss
Sandwich*

29
**Open Faced
Roast Beef
Sandwich**
Mashed Potatoes
Tossed Salad

30
**Chicken &
Broccoli Rigatoni
Alfredo**
*Egg Salad
Sandwich*



Notes:

Menu is subjective to change without notice

Visit us on Facebook @ OCO Nutrition Services or online @ oco.org click on Services - Health & Nutrition/Nutrition Services



Senior Nutrition Home Delivered and Congregate Meals are provided with funding from Oswego County Office for the Aging, New York State Office for the Aging, and participant contributions.