



Home Delivered Meals Menu

APRIL 2026

Nutrition Services Office:
315-598-4712 Ext. 0



Monday

Tuesday

Wednesday

Thursday

Friday



1
**Swedish Meatballs
Egg Noodles**

*Tuna Salad
Sandwich*

2
**Open Faced
Roast Beef
Sandwich**
Mashed Potatoes
Tossed Salad

3

Closed

6
**Manicotti &
Meatballs**

*Honey & Peanut
Butter Sandwich
String Cheese*

7
**Chicken &
Biscuits**
Mashed Potatoes

Crab Salad

8
**Salsa Chicken
Rice**

*Ham & Cheese
Sandwich*

9
**Glazed Meatloaf
Baked Potato**

*Chicken Caesar
Salad*

10
**Homemade
Soup & Sandwich**

*Hard Boiled Egg,
Cheese, Muffin*

13
**Pancakes &
Sausage**
Breakfast Potatoes

*Hummus
Soft Pretzel*

14
**Pork Cutlet
Mashed Potatoes**

*Tuna Salad
Sandwich*

15
**Cook's
Choice**



16
**Crispy Fish
Mac & Cheese**

*Egg Salad
Sandwich*

17
**Ham & Boiled
Potatoes**
Cabbage & Carrots

*Cottage Cheese
Fruit*

20
**Roasted Chicken
Sweet Potatoes**

*Yogurt
Bagel & Cream
Cheese*

21
**Open Faced Turkey
Sandwich**
Mashed Potatoes

*Tossed Salad
Dinner Roll*

22
**Philly Cheesesteak
with Peppers &
Onions**

*Deli Chicken
Sandwich*

23
**Chicken Cutlet
Sandwich**

Crab Salad

24
**Penne Marinara
Italian Sausage**

*Chicken Salad
Sandwich*

27
**Braised Pork
Pasta**

*Yogurt
Bagel & Cream
Cheese*

28
**Swedish Meatballs
Egg Noodles**

*Tuna Salad
Sandwich*

29
**Chicken Drumsticks
Garlic Potatoes**

*Ham & Swiss
Sandwich*

30
**Open Faced
Roast Beef
Sandwich**
Mashed Potatoes
Tossed Salad



Notes:

Menu is subjective to change without notice

Visit us on Facebook @ OCO Nutrition Services or online @ oco.org click on Services - Health & Nutrition/Nutrition Services



Senior Nutrition Home Delivered and Congregate Meals are provided with funding from Oswego County Office for the Aging, New York State Office for the Aging, and participant contributions.