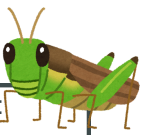




# Home Delivered Meals Menu

## JUNE 2026

Nutrition Services Office:  
315-598-4712 Ext. 0



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1  
**Cheddar Omelet  
Breakfast Potatoes**  
  
*Hummus  
Soft Pretzel*

2  
**Roasted Deli  
Chicken Sandwich  
Summer Corn Salad**  
  
*Cottage Cheese  
Fruit*

3  
**Sausage Sandwich  
Garlic Butter  
Potatoes**  
  
*Turkey Salad  
Sandwich*

4  
**Cheeseburger  
Casserole**  
  
*Crab Salad*

5  
**Pork Cutlet  
Tossed Sald**  
  
*Chicken Salad  
Sandwich*

8  
**Philly Chicken  
Stewed Tomatoes**  
  
*Yogurt, Bagel &  
Cream Cheese*

9  
**Cheddar Burger  
Roasted Potatoes**  
  
*Tuna Salad  
Sandwich*

10  
**Chicken  
Drumsticks  
Pasta Salad**  
  
*Egg Salad  
Sandwich*

11  
**Cook's  
Choice**

12  
**Turkey & Cheese  
Sandwich  
Potato Salad**  
  
*Cottage Cheese  
Fruit*

15  
**Braised Pork  
Pasta**  
  
*Peanut Butter &  
Jelly  
String Cheese*

16  
**Glazed Meatloaf  
Mashed Potatoes**  
  
*Chicken Salad  
Sandwich*

17  
**Ham & Cheese  
Sandwich  
Tossed Salad**  
  
*Tuna Mac Salad  
Fruit*

18  
**Hofmann Hot Dog  
Baked Beans**  
  
*Chicken Caesar  
Salad*

19  
**Closed  
Juneteenth  
Holiday**

22  
**Meatball  
Marinara Sub**  
  
*Yogurt  
Bagel & Cream  
Cheese*

23  
**Chicken Cordon  
Bleu Casserole**  
  
*Turkey Sandwich*

24  
**Crispy Fish  
Sandwich  
Baked Potato**  
  
*Egg Salad  
Sandwich*

25  
**Chicken Cutlet  
Sandwich  
Cucumber Salad**  
  
*Cottage Cheese  
Dinner Roll*

26  
**BBQ Pulled Pork  
Macaroni Salad**  
  
*Crab Salad*

29  
**Cheddar Omelet  
Breakfast Potatoes**  
  
*Hummus  
Soft Pretzel*

30  
**Roasted Deli  
Chicken Sandwich  
Summer Corn Salad**  
  
*Cottage Cheese  
Fruit*



Notes:

**Menu is subjective to change without notice**

Visit us on Facebook @ OCO Nutrition Services or online @ oco.org click on Services - Health & Nutrition/Nutrition Services



Senior Nutrition Home Delivered and Congregate Meals are provided with funding from Oswego County Office for the Aging, New York State Office for the Aging, and participant contributions.