



FOOD \$ENSE



A monthly food buying program for anyone who wants to stretch their grocery dollars

The Salvation Army • 73 W. 2nd St. • Oswego, NY

WHAT'S IN A FOOD \$ENSE PACKAGE?

Meat items (4-5) like ground beef, chicken breast, pork kabobs, tilapia filets, and hot dogs; Staple items (4-5) like pastas and grains; Fresh fruit or vegetables (2) like corn, strawberries, and other fresh produce; Monthly Specials (4-6) like meat, appetizers, and a protein box.

WHO CAN GET A FOOD \$ENSE PACKAGE?

Anyone who wants to stretch their food dollars.

HOW MUCH IS A FOOD \$ENSE PACKAGE?

The package is \$20.50. There are additional "Specials" that are available each month that are priced individually. You can get as many packages and specials as you would like. And you can get a special without a regular package. **Payment is due at the time of ordering: cash, check and EBT card accepted. Orders coming by mail MUST be received two days before the deadline and clearly marked "Food Sense" on the envelope.**

CAN I USE MY EBT CARD?

Yes. EBT cards are now accepted through the Food Bank website.

Orders Taken:	Mon-Fri 10:00-2:00
Order Deadline:	Friday, August 15, 2026 at 12:00 noon
Mail-In orders must be received by Friday, August 15, 2026	
Pick-up Date:	Thursday, August 27 from 11:00am —2:00pm

The Salvation Army

73 W. 2nd Street
Oswego, NY 13126
315.343.6491

Please remember that we cannot hold any packages after the scheduled pick-up time. If you have a conflict, give your receipt to a friend and they may claim your package. If you have any questions, please call Lt. Cassidy Dow or Lt. Michael Dow at 315-343-6491.

August Food \$en\$e

Customer Copy

August Package \$20.50

Chicken Breast, 1.6 lbs. (avg)	Instant Potatoes, 13.3 oz.	Applesauce, 15 oz.
Marinated Pork, 1 lb.	Carrots, 1 lb.	Corn, 15 oz.
Ground Beef, 1 lb.	Strawberries, 1 lb.	Fresh Produce #1
Flounder, 1 lb.	Elbow Macaroni, 1 lb.	Fresh Produce #2

August Specials

#1: Pork Ribs, 3 lbs. (avg) for \$11.00	#5: Key West Vegetable Blend, 4 lb. for \$9.00
#2: Chicken Nuggets, 5 lbs. for \$11.00	#6: Italian Meatballs, 5 lbs. for \$13.00
#3: Mozzarella Sticks, 3 lbs. for \$12.00	
#4: Shrimp Lo Mein, 24 oz. for \$5.00	

ORDER DEADLINE: FRIDAY, August 15, at Noon

PICKUP: THURSDAY, August 27 from 11:00am - 1:00pm

If ordering by mail: Checks only payable to The Salvation Army (P.O. Box 146, Oswego, NY 13126). Orders by mail must be received by August 15. Clearly write "Food Sense" on the envelope. Thank you.

Name:

Phone Number:

#	#	\$
# of Monthly Packages:		
#1	\$11.00 each	
#2	\$11.00 each	
#3	\$12.00 each	
#4	\$5.00 each	
#5	\$9.00 each	
#6	\$13.00 each	
Total:		
Total Order:		

Payment

Cash:

Check:

EBT:

Date Submitted:

Mail-In Orders to:

THE SALVATION ARMY

P. O. Box 146

Oswego, NY 13126

Customer Copy

August Food \$en\$e

Office Copy

August Package \$20.50

Chicken Breast, 1.6 lbs. (avg)	Instant Potatoes, 13.3 oz.	Applesauce, 15 oz.
Marinated Pork, 1 lb.	Carrots, 1 lb.	Corn, 15 oz.
Ground Beef, 1 lb.	Strawberries, 1 lb.	Fresh Produce #1
Flounder, 1 lb.	Elbow Macaroni, 1 lb.	Fresh Produce #2

August Specials

#1: Pork Ribs, 3 lbs. (avg) for \$11.00	#5: Key West Vegetable Blend, 4 lb. for \$9.00
#2: Chicken Nuggets, 5 lbs. for \$11.00	#6: Italian Meatballs, 5 lbs. for \$13.00
#3: Mozzarella Sticks, 3 lbs. for \$12.00	
#4: Shrimp Lo Mein, 24 oz. for \$5.00	

ORDER DEADLINE: FRIDAY, August 15, at Noon

PICKUP: THURSDAY, August 27 from 11:00am - 1:00pm

If ordering by mail: Checks only payable to The Salvation Army (P.O. Box 146, Oswego, NY 13126). Orders by mail must be received by August 15. Clearly write "Food Sense" on the envelope. Thank you.

Name:

Phone Number:

#	#	\$
# of Monthly Packages:		
#1	\$11.00 each	
#2	\$11.00 each	
#3	\$12.00 each	
#4	\$5.00 each	
#5	\$9.00 each	
#6	\$13.00 each	
Total:		
Total Order:		

Payment

Cash:

Check:

EBT:

Date Submitted:

Office Copy

August Specials:

#1: Pork Ribs, 3 lb. (avg) for \$11.00: The St. Louis style ribs are uncooked and vacuum-sealed for freshness.

#2: Chicken Nuggets, 5 lbs. for \$11.00: The chicken nuggets are fully cooked and oven or air-fryer ready.

#3: Mozzarella Sticks, 3 lbs. for \$12.00: The mozzarella sticks are par-cooked and ready for the oven.

#4: Shrimp Lo Mein, 24 oz. for \$5.00: The shrimp lo mein has tender shrimp, noodles, and vegetables with an oyster & soy sauce.

#5: Key West Vegetable Blend, 4 lb. for \$9.00: The vegetable blend is a mix of green beans, sliced carrots, and red pepper strips.

#6: Italian Meatballs, 5 lbs. for \$13.00: The Italian meatballs are fully cooked and are in a five-pound bag.