



Monday

Tuesday

Wednesday

Thursday

Friday

FRUIT OF MONTH



1

**Chicken
Parmesan
Pasta Marinara**

Crab Salad

2

**Cheddar Burger
Roasted Potatoes**

Yogurt
Bagel & Cream
Cheese

5

**Crispy Fish
Baked Potato**

Egg Salad
Sandwich

6

**Ham &
Scalloped
Potatoes**

4-Bean Salad
String Cheese

7

**Autumn Chicken
Wild Rice**

Roast Beef
Sandwich



8

**Goulash
Tossed Salad**

Turkey Sandwich

9

**Cheddar Omelet
Breakfast Potatoes**

Honey &
Peanut Butter
Sandwich
String Cheese

12

**Closed
Columbus Day**

13

**Beef Stroganoff
Winter Blend
Vegetable**

Deli Chicken
Sandwich

14

**Sloppy Joe
Garlic Red
Potatoes**

Garden Salad
Dinner Roll

15

**Chicken & Biscuits
Mashed Potatoes**

Tuna Salad
Sandwich

16

**Meatball
Marinara Sub
Diced Beets**

Yogurt
Bagel & Cream
Cheese

19

**Pork Cutlet
Baked Potato**

Cottage Cheese
Dinner Roll

20

**Spanish Rice
Cauliflower
Broccoli**

Southwest Salad

21

**Butternut Squash
Soup
Turkey & Cheese
Sandwich**

Hard Boiled Egg
Cheese, Grapes

22

**Turkey Tetrazzini
Yellow & Orange
Carrots**

Tuna Salad
Sandwich

23

**Glazed Meatloaf
Sweet Potatoes**

Hummus
Soft Pretzel

26

**Open Faced
Turkey Sandwich
Mashed Potatoes**

Chicken Salad
Sandwich

27

**Chicken
Parmesan
Pasta Marinara**

Crab Salad

28

**Homemade
Mac & Cheese
Stewed Tomatoes**

Tossed Salad

29

**Sausage Gravy &
Biscuits
Hashbrowns**

Cottage Cheese
Dinner Roll

30

**Cheddar Burger
Roasted Potatoes**

Yogurt
Bagel & Cream
Cheese



Notes:

Menu is subject to change without notice

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