

Oswego 2 – November Newsletter 2026



315-342-0629

Welcome Fall! We have been learning about Fall and having fun exploring and learning about pumpkins. We continue to work on writing our names, learning the letters in our name, learning our colors and shapes and so much more. We are excited to have our families come in and attend Fall Fest on October 30th , from 8:30am-10:00am. Picture Day is on Friday, November 6th. A flyer went home with the children this week. We look forward to our upcoming Parent/Staff Conferences on Friday, November 13th; please see the sign-up sheet. There is no school on conference day. Please see the calendar for important dates and no class days. Our Thanksgiving Break will be from Wednesday, November 26th - Friday, November 28th.

Thank you for your continued support and involvement in your child's education.

Cathy, Mary-Lou and Shan

5 Little Squirrels

Five little squirrels with acorns to store. One went to sleep and then there were four.

Four little squirrels hunting acorns in a tree. One fell and now there are three.

Three little squirrels wondering what to do. One got lost, and now there are two.

Two little squirrels tossing acorns for fun. One got tired, and now there is one.

One little squirrel playing in the sun, He ran away, now there are none.

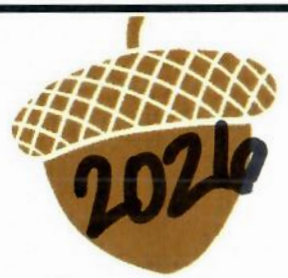


Color Hunt

Show your child a color and ask them to find an object that is that color. Look for all the colors in the rainbow and have fun.



NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 NO CLASS	3 Coffee Hour 9am Onyx's Special Day	4 Positive Solutions for families @9:30am- Catholic Charities	5 Positive Solutions @ 9:00am for families At Oswego Center	6 Picture Day	7 Take a fall walk
8	9	10 Parent Connection meeting @9:00am CPR/FIRST Aid Training	11 Veteran's Day- NO SCHOOL	12 Personal Safety Curriculum over view @ 9:00am and 5:00pm	13 Parent-Teacher Conference	14
15 Cuddle up and read	16	17	18 Positive Solutions for families @9:30am- Catholic Charities	19 Positive Solutions for families @ 9:00am At Oswego Center Parent Connection CPR/First Aid training 5pm	20	21
22	23	24 Coffee Hour 9am	25 Thanksgiving	26 Break - NO	27 CLASS	28 Play outside
29	30	Oswego 2		315-342-0629		

Tara Bagg Art

Oswego HS Menu

(Menu Subject to Change) "Nut Safe"

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 **Breakfast:** Pineapple, Yogurt, 2% Milk **Lunch:** Ham, Scalloped Potatoes, Carrots, Rye Bread, 2% Milk **Snack:** Cucumbers w/ Dip, WG Wheat Thin Crackers, Water	4 **Breakfast:** Orange Juice, WG English Muffin w/ Sunflower Spread, 2% Milk **Lunch:** Chicken, Wild Rice, Green Beans, Mandarin Oranges, 2% Milk **Snack:** WG Cheerios, 2% Milk	5 **Breakfast:** Peaches, WG Waffle w/ Lite Syrup, 2% Milk **Lunch:** Crispy Fish, Baked Potato, Broccoli with Cheese, Dinner Roll, 2% Milk **Snack:** Fresh Apples, Cheese Stick, Water	6 **Breakfast:** Banana, Rice Krispies, 2% Milk **Lunch:** Cheddar Omelet, Breakfast Potatoes, Mixed Vegetables, 2% Milk **Snack:** WG Muffin, Blended Juice
9 **Breakfast:** Pineapple Juice, WG Kix, 2% Milk **Lunch:** Chicken & Biscuit, Mashed Potatoes, Mixed Vegetables, 2% Milk **Snack:** Animal Crackers, 2% Milk	10 **Breakfast:** Fresh Oranges, Bagel w/ Cream Cheese, 2% Milk **Lunch:** BLT Sandwich, Broccoli Cheddar Soup, Fresh Apples, Green Beans, 2% Milk **Snack:** WG Triscuit Crackers, Sliced Cheese, Water	11  **No Classes!**	12 **Breakfast:** Applesauce, WG Muffin, 2% Milk **Lunch:** Sloppy Joe on Bun, Squash, Garlic Red Potatoes, 2% Milk **Snack:** Yogurt, Berries, Water	13 **No Classes!** 
16 **Breakfast:** Apple Juice, WG Frosted Mini Wheats, 2% Milk **Lunch:** French Toast w/ Berries, Sausage, Potato Puffs, 2% Milk **Snack:** Graham Crackers, 2% Milk	17 **Breakfast:** Pineapple, Yogurt, 2% Milk **Lunch:** Pork Chop, Baked Potato, Italian Blend Veggies, Dinner Roll, 2% Milk **Snack:** Cucumbers w/ Dip, WG Wheat Thin Crackers, Water	18 **Breakfast:** Orange Juice, WG English Muffin w/ Sunflower Spread, 2% Milk **Lunch:** Turkey & Gravy, Mashed Potatoes, Squash, Bread, 2% Milk **Snack:** WG Cheerios, 2% Milk	19 **Breakfast:** Peaches, WG Waffle w/ Lite Syrup, 2% Milk **Lunch:** Spanish Rice, Cauliflower, Applesauce, 2% Milk **Snack:** Fresh Apples, Cheese Stick, Water	20 **Breakfast:** Banana, Rice Krispies, 2% Milk **Lunch:** Glazed Meatloaf, Bread, Sweet Potatoes, Green Beans, 2% Milk **Snack:** WG Muffin, Blended Juice
23 **Breakfast:** Pineapple Juice, WG Kix, 2% Milk **Lunch:** Sausage Gravy, Biscuit, Hash Brown Potatoes, Warm Fruit, 2% Milk **Snack:** Animal Crackers, 2% Milk	24 **Breakfast:** Fresh Oranges, Bagel w/ Cream Cheese, 2% Milk **Lunch:** Macaroni & Cheese, Broccoli, Stewed Tomatoes, 2% Milk **Snack:** WG Triscuit Crackers, Sliced Cheese, Water	25 **No Classes Staff Report**	26 	27 **Thanksgiving Break NO SCHOOL!** 
30 **Breakfast:** Apple Juice, WG Frosted Mini Wheats, 2% Milk **Lunch:** Ham, Scalloped Potatoes, Carrots, Rye Bread, 2% Milk **Snack:** Graham Crackers, 2% Milk			***Choosy Tip of the Month!! **** ***Teach your child to choose water when thirsty. Serve them milk with meals and skip the sweet drinks.***	

WG = Whole Grain *This Institution is an Equal Opportunity Provider* ** Allergen information for menu items is available. Ask an employee for details.*

**** Check foods closely for nut oils: Breads, cereals, crackers, muffins, salad dressings, dips, sauces etc.**



Family Specialist Newsletter
Oswego Head Start
2026

Hello Families:

As the weather is changing, from fall into winter, please remember to dress your children accordingly. You may send them in layers or leave extra hoodies/sweatshirts here. Remember that they go outside daily, weather permitting. Therefore, please make sure you remember hats, mittens and even boots if necessary. The wind here makes a big difference in the temperature when on the playground.

I would like to remind all of our families that your child/ren automatically qualifies for WIC because they are enrolled in the Head Start Program. The fresh fruits and vegetables that are now allowed, really can make a difference with food budgets and feeding your family healthy. If you do not have your acceptance letter still, let me know and you will be provided with another copy. Any questions, reach out at any time!

If you are looking for employment, check out our website www.oco.org. We have various job openings within the agency.



🗓️ **Date:** Thursday, November 19, 2026
🎯 **Theme:** Start with Day One!
Quitting doesn't have to happen all at once.

The GREAT AMERICAN SMOKEOUT

Parent Connection Officers:

Chairperson: TBA
Vice Chairperson: Hailey L
Secretary: TBA

Policy Council Reps:

Rep: Mia C.
Rep: TBA
Alternate Rep: TBA

RESOURCES:

Food Pantries:

Oswego Salvation Army
Tues*Thurs*Fri
10-11:30 & 12:30-2
315-342-7301

Human Concerns Center
Monday-Friday
12pm-2:45pm
315-342-7301

Citi BOCES

Want your GED? Contact
315-963-4283 or at
www.citiboces.org

Family Specialist Becki
Cell: 315-591-3527
Center: 315-342-0629 x124
Email: rwittmann@oco.org



Family Appreciation

Thank you for all you do and for being such an important part of our program!

- Onyx D.- 11/3
- Isaiah R.- 11/5
- Angel T.- 11/24
- Elijah S.- 11/30

*Each month we will have a family appreciation page in the newsletter. This will appreciate the families of the children whose special days will be in that month.